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BY GARY M. DOUGLAS
& DR. DAIN HEER

BEST SELLING AUTHORS

“Did you know that every animal,
every plant, every structure
on this planet has consciousness
and desires to gift to you?”

TALK TO THE ANIMALS

... an Extraordinary Conversation



Talk to the Animals
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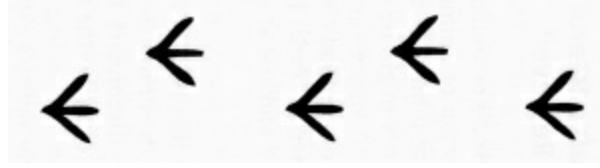
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BECOMING DR. DOLITTLE...



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Chapter One



COMMUNICATING WITH ANIMALS

We often assume that if we ask someone a question, he or she will give us a straight answer. Unfortunately, we are often mistaken about this. Animals, however, will always give us a straight answer, but they won't give it to us in verbal terms. Each animal has its own way of communicating, but they all have one thing in common. They don't communicate in words as much as they do in pictures. In order to communicate with animals, we have to learn to communicate in pictures, too. Fortunately, this is not difficult.

When I was first learning to communicate with animals, I had a wonderful experience with a wolf. The lady who owned him was going on a trip to Europe to buy horses. She kept telling the wolf, "I'm going away, and I'll be back." The more she said this to him, the more unsettled he became, until he got to the point where he wouldn't sleep or leave her side. Finally she called me and asked, "Can you help me with this?"

Whenever there's a problem, you should always ask the animal what's happening. They always know what's best for them, and they can tell you what's going on—if you ask them. You have to stop coming from the point of view that you have the answer because you're human and you can think. Thinking, by the way, is not your best ability—it's your worst. Stop thinking about what might be going on with the animal, and just ask it a question. If you ask an animal a question, it will give you the answer.

I asked the wolf what was going on, and a barrage of information came at me in the form of pictures. When animals communicate, they give you a whole picture. They don't just give you pieces. They give you the whole thing all at

once because they don't have a concept of a linear, constructive reality. Our concept of reality as linear is a construct—it's not truth. Animals have a holistic picture that's rounder and bigger than the one we're willing to have in our own universe. The wolf was giving me so much information all at once, that I couldn't figure out what he was telling me.

I said, "You've got to slow it down. Make it in slow motion so I can understand." He slowed it down, and I started to get pictures of how the lady was going to go away, which to the wolf meant she was going to die. He told me that he and the lady had a long history together across many lifetimes. He showed me pictures of past lives when they had been together, died, came back together in another lifetime, and that they had run around together, hunting and bringing back meat.

I said to the wolf, "Show me what would happen if she was going to run with you again." He gave me a picture of the lady going away and coming back with meat.

I said to the lady, "Tell your wolf that you are going to go hunting and you will return with meat."

She asked, "Well, how do I do that?"

I said, "Just flash it to him as a picture. You're going out and you'll return with meat."

She did, and instantaneously the wolf relaxed, laid down, and went to sleep for the first time in four days.

I Wish I Had Known This Earlier

I wish I known this about animals earlier. Years ago, I had a Great Dane. He was a great dog. He was forty-two inches high at the shoulder, and he liked to ride with me in my 1957 Thunderbird. He would get into the Thunderbird, stand up above my head and then roll himself down into the well and ride in the car. He would stay in the car all day long rather than be without me.

When I would go out and leave home without him, he would take all my dirty clothes outside, into the backyard, and dig craters. There were craters everywhere. My landlord wasn't very happy with me about that. And of course, I wasn't happy about having my dirty underwear out on the lawn. I

doubt the neighbors liked it either. After I worked with the wolf, I realized that if I had truly been communicating with my Great Dane and had given him the picture that I was leaving and coming back, everything would have been all right.

Animals Know What They Want

You've got to be aware of the fact that your animals are more conscious than you are. They know what they want, and they'll communicate this to you, if you're able to receive what they're telling you. A lady called me recently and said,

“I have the impression that my cat's not happy. He keeps trying to get out the door.”

I said, “Well, maybe he doesn't want to have you as his home base anymore.”

She said, “No, I love him so.”

I said, “Get over yourself. It's not about whether he loves you or not. Ask him if he wants a new home.” She did and the cat said, “Yes.”

I said, “Then open the door and let him go.” She did.

Two days later, another cat showed up on her doorstep. It was as if the new cat was saying, “Okay. I'm sorry, but we're trading houses. I don't like my house. You go over there. That lady's nice. She'll treat you just fine, but I want your house. Get out.” They were playing musical houses.

Do You Want To Be My Horse?

Horses, particularly, know exactly what they want. I had a great big thoroughbred horse that I adored. I was in Texas and I asked the people I was visiting if they had any horses for sale. They said, “Yeah, we've got this really great Dun Quarter Horse and we've got that really stupid gray Thoroughbred over there.

I looked at both of the horses and said, “I'll take the stupid horse.” I rode the “stupid” horse. He was an awesome animal. I loved him. I asked him, “Do you want to go to California?”

He said, "Yes."

I asked, "Do you want to be my horse?"

He said, "Maybe."

I asked, "Do you want to belong to somebody else?" He said, "Maybe."

I asked, "Do you want to belong to a girl?"

"Maybe."

I asked, "Do you want to belong to a boy?"

"Maybe."

Every answer was "maybe." I took him to California. When I would ride him, I'd have an awesome ride and I'd say, "I guess you really want to be my horse." And then he'd do something wild and out of control and jerk me around. He never dumped me because he wasn't that kind of horse, but he'd do something that would show me that he didn't want to be my horse. He was just being tolerant and kind to me. I kept asking him, "What kind of person do you want to own you?"

One day Dain went to the stable with me and was helping me shovel shit, and the horse kept coming up behind Dain and putting his head against him and pushing him. Dain would say, "Go away. Don't push me while I'm shoveling horse shit."

When I'd run the horse around the ring, he'd race around and stop right where Dain was, and run around the ring and stop where Dain was, and run around the ring and stop where Dain was. I didn't pay an attention to it. I'm not very bright.

One day I asked him, "What's it going to take for me to find you a new home? How much am I going to have to sell you for? Fifty dollars? A hundred dollars?"

When I got up to \$12,000 he said, "Well, possibly."

And when I got up to \$15,000 he said, "Yeah, definitely."

I said, "If I'm going to get \$15,000 for you, then you're going to have to jump the moon."

He said, "That's a problem?"

I'd never tried to jump him. So I put a jump up in the ring. He could jump a

four-foot fence from a standstill. I said, “Okay!”

I had him trained to be a jumper, and then took him to a horse show where I found some people who thought they’d like to have him. They took him home. And just for the fun of it, they entered him in a show and he won his class. They agreed to buy him for \$10,000.

Once they got him home, they decided to get serious about working with him, and all of a sudden he started acting up. They wanted him to jump over fences, but he didn’t want to work. When they said they were going into the show “just for the fun of it, to see what he could do,” he won his class, but he is not a horse that likes to work. He loves to play. His name, by the way, is Playboy, and he chose it.

They finally gave him back to me and said, “We’re not going to buy him because he won’t go over the jumps right and he won’t do what we want him to do.”

I said, “Okay, fine.”

I took him back to the stable, and when I’d run him in the ring, he kept stopping in front of Dain, but I still didn’t pay any attention to it.

One day when Dain and I went to the country to go for a ride, Dain asked, “Please, can I ride Playboy?”

I said, “No, he’ll run away with you.”

Then I remembered that when we were in Australia, Dain had been on a runaway horse and every time the horse ran away with him, he laughed hysterically. He thought it was fun! But Playboy is a thoroughbred ex-racehorse. I was worried about how that would go.

I asked myself, “Okay, what’s the worst that can happen?” Dain could fall off.

I thought, “I can pretty much fix that unless he’s breaks a bone, and if that happens, I can take him to the hospital.”

So I said, “Okay, fine. You can ride him.”

Dain looked at the horse. The horse looked at Dain, and when Dain went to get on him, it was if Playboy said, “Ahh.” It was clear that this was a love match made in heaven. They were saying, “My horse.” “My man.”

Playboy is a horse that will run away with anyone. Dain got on him and let the reins dangle down to the ground and Playboy went off at a canter. Usually a canter is the beginning of a fast pace that goes into dead run, and with Playboy, if you don't have a hold on his mouth, he goes into a serious dead run.

Well, Dain had the reins dangling and Playboy was just going along, bloopity-bloopity-bloopity-bloop. He never did bloopity-bloop with me even when I had a tight hold on him!

I said, “Okay, I get it.” I watched Dain ride him the entire time, and the instantaneously. together and I horse did everything Dain wanted The two of them were completely

knew, “Okay, this is where Playboy belongs.” Animals know what they want. And they know how to get what they want.

Recently Dain and I went up to the stable, and we started to do a jumping lesson with Playboy. Playboy kept going up to the jump and would refuse it, and I kept trying to force him into doing it, which is always stupid. Don't ever try to force an animal to do anything.

Finally we got smart enough to ask him, “Playboy, what's going on?” He was bouncing his head up and down and looking kind of crazed, which is something he'd never done before. We realized that Dain was doing too much work on Playboy's mouth. He was over-riding him, and Playboy wanted him to learn how to be subtle. Once Dain got it and used his weight and just a little bit of finger and not too much effort, Playboy was suddenly doing everything he wanted, and doing it beautifully.

Dain headed Playboy toward the fence, and the horse put his ears up and was ready to go over it. I said, “Don't let him go over it. You're not ready to jump it!” But Dain wanted to learn to be a better rider, and the horse wanted to teach him to be a better rider, so they went over. It was very interesting to

observe the difference in the jumping lesson. Before we started listening to Playboy, he was not with Dain, he was not available, and he was not doing anything right. Who was the problem? Not the horse. Your animal is never the problem. You are. You're the idiot. Animals know more than you do, and they know how to get you to do what you can—if you're willing to listen and receive the information they give you.

Dain said it was amazing to him once he understood what was going on, because Playboy never screws up. He realized it's only when he's "off" that Playboy won't do what he asks. He said, "Playboy lets me know things. He'll say, 'Here's what you need to do to get me to do what you want.' There hasn't been a time where he has said, 'Oh, I'm going to be a jerk today just for the fun of it.' It's always when I'm being a jerk that Playboy acts like a jerk."

I Don't Like My Name

It's been very interesting to observe how animals "misbehave" when we don't listen to what they're telling us. I recently did a class for dogs that was attended by five humans and seventeen dogs. One of the dogs was a cute little Border Collie whose name was Igor. Igor was barking and misbehaving, and I said, "Let's see if we can help with this misbehaving."

I asked, "What's your problem, Igor?"

Igor said, "I don't like my name."

I asked, "Okay, so what do you want to be called?"

He said, "Skippy."

We told the lady who was taking care of Igor that she needed to change his name to Skippy if she wanted him to behave properly. She did and he behaved very well for a couple of days, but then the dog's owner decided, "I can't possibly change his name. He's always going to be Igor to me."

Igor started misbehaving again, and the owner decided to give him away. When Igor's new owners saw him, they said, "Oh, he's so cute. Can we call him Skippy?" Don't think animals don't let us know what they want! They'll always let us know—if we'll listen.

If you have a horse or an animal that's misbehaving, or not doing what it's supposed to, if it's bucking and rearing or doing all kinds of unpleasant and annoying things, maybe it doesn't want the name you've given it. You've got to find out what your animal really wants to be called.

Chapter Two



EVERYTHING DESIRES TO GIFT TO YOU

Every animal, every plant, every structure on this planet has consciousness and desires to gift to you. If you are unwilling to receive that, you miss out on what they want to give you, and you also limit your ability to receive in every area of life. You limit your awareness, you limit the amount of money you can have, you limit what you can experience, and you limit what is possible for you.

We like to work with people to get them to the point where they can receive everything that is out there. I once met a lady whose entire house was white. It was spectacular in its whiteness. She had only white flowers in her house and in her garden. There were white impatiens growing around her house, and sometimes they would have light rims of pink, because that's how they grow. She'd have her gardener rip them out if they had even the slightest touch of pink in them. She said, "I don't like colored flowers. I only like white." Does she have the ability to receive? Well, yes, as long as it's white.

It's fine that she only wants white flowers, but the statement, "I don't like colored flowers" is a problem. When you make a judgment like that, you eliminate what you can receive. It's like saying, "I only like thoroughbred horses." That means you can only receive what a thoroughbred can give you. You won't receive what another horse can gift to you. Is that a limitation? Yes, it is. If you say, "I only like Chihuahuas," or "I only like Corgis," are you limiting what you can receive? Yes. If you like dogs and you like cats and you like horses, then you are willing to receive a whole lot more.

Animals have a tremendous amount of information. They have tremendous

gifts they can give to us if we're willing to receive it. The more we're open to receiving the energy and the information they give us, the more we'll be able to receive everything in the universe.

Horses, in particular, like to give us energy. They want to take care of us. It's part of their job to nurture our bodies and feed us energy. When we don't receive their energy, it invalidates them. It makes them feel useless. They get frantic and upset. They don't understand what's wrong, that they are unable to give energy to us. This is what happens to horses that are on rent strings. They become apathetic and crazed because there's no one receiving the gift that they are. Have you ever noticed that sometimes after you ride a horse you feel really expanded, joyful and happy? Why does that occur? It's because you've been willing to receive from the horse.

Everything on this earth has consciousness. Everything. If you start to function with the consciousness of things, they will tell you what they would like and how to function with them. This is especially true of animals. If you acknowledge the consciousness of animals, they will start to behave with you differently than they do with other people. Animals can help us learn to function with the Earth. They can teach us how to be stewards of our planet instead of its destroyers. That's the value of being able to talk to them.

Chapter Three



ENTITY REMOVAL

What Are Entities?

I had been doing Access processes on people for quite some time, and one day somebody asked, “Can you do these processes on animals?”

I said, “Sure.”

Did that come out of my mouth? I couldn’t believe I said that.

The person asked, “Okay, can you do an animal class?” So we did a class on animals. I started using the same techniques on animals that we used on humans, and discovered they worked beautifully.

Entity removal was one of the first things I discovered worked as well on animals as it did on people. An entity is a spirit being who inhabits a body that belongs to another spirit. Entities are stuck in a past time. They are stuck in a past job or a past identity and they continue to create themselves as who or what they used to be. They’re not free to be who they really are and move on to do whatever they might wish to do or create. To free up an entity, you can ask it, *Who are you?* and then ask repeatedly, *Who were you before that? Who were you before that? Who were you before that?*, and finally, *Who will you be in the future?*

The first question, *Who are you?*, gives it an awareness of who it is now. Asking the second question, *Who were you before that?*, gets it to see it’s had previous identities. It unsticks it from the identity it thought it was. Then when you ask it, *Who will you be in the future?*, it realizes it is a spirit and

that it can choose to do or be whatever it wishes. At that point, it will instantly leave the body it was inhabiting.

Occasionally an entity will not leave of its own volition. It's stuck in a point of view or a job it thinks it has to do. Oftentimes these entities were the parents or grandparents of a child they took care of. When the parent or grandparent died, they attached themselves to their kid, in order to keep doing their job. The kid then has strange feelings all the time because Grandpa's there talking to him and telling him to do things. You can free these entities up by asking, *What is your job? What was your job before that? What was your job before that? And finally, What will your job be in the future?*, at which point they will recognize that they are a spirit and have the choice to go find another body or do anything else they choose.

How Do You Remove Entities From Animals?

To remove entities from animals, the first thing to ask is, *Is there an entity here?* If there is, you won't necessarily get a verbal answer, but the entity will make itself known. You'll usually feel a shift in the energy of the animal. Each of us perceives these things in a different way. Don't assume when I say you will feel something that it will always feel the same. Just let go of your logical mind and let yourself be aware and you'll get the information you need.

Once you have determined there is an entity, ask it a series of questions: *What's the value of holding onto this body? Who gave you this body? Who were you before you took this body? Who were you before that? Who were you before that? Who were you before that? Who will you be in the future?* And it will leave.

Sometimes an animal's body is inhabited by an entity that had the body of a different species of animal. We worked with a lady whose horse had a chimpanzee entity in it, so it was always trying to do tumbling. This didn't work very well. This lady also had a horse with a deer entity in it. Oftentimes deer will occupy horse bodies. All you have to do is ask the entity what kind of animal it is, and it will start flashing a picture at you. You might be listening for a word, but it will give you a picture of what it is. You have to get clear that animals function from pictures and not from words. When you

ask a question, they'll give you an image as an answer. If the animal has an entity in it, once it is removed, the original being that was there will become the sole occupant of the body. It's difficult for an animal to occupy its body with ease when there's confusion about the kind of body they are in! Clearing entities can have dramatic effects on animals' behavior and on the physical structure of their bodies. These changes occur very rapidly in most cases. Freeing up entities creates a lot of relief for the entity as well as the person or animal whose body it inhabited.

Cats, in particular, take entities onto their bodies as a way of protecting us. This may have been one of the reasons that cats were known as mediums to witches in the old days. They would protect people by taking on the entities that came into their house. Have you ever seen a cat hiss at something that's not visible to you? They see entities and react to them. If they do it too much, it can affect their immune systems, so it's great to be able to clear the entities for them.

That's The Ugliest Horse I've Ever Seen

I have a friend in Texas who raises Peruvian horses, and one day when we were out riding, she took us by the back "forty" where all the ugly horses lived. Everything on her ranch looked beautiful except for this back pasture. I looked at one horse and I said, "That's the ugliest horse I've ever seen. What is wrong with that horse?" Its neck, instead of making a beautiful arch upwards, fell downwards into a U-shape. Its front legs went out in a V, and it had no chest at all. This is not normal for a horse. It was the most God-awful looking creature I had seen in my life. It didn't look anything like a Peruvian or any horse I'd ever seen.

I asked it, "Do you have an entity of another species in your body?" It had a gnu in it. Apparently a gnu at the zoo had died and gone out looking for a body and had taken on this horse's body. We removed the gnu and sent him off to Africa to find another gnu body. I saw the horse a year later and I didn't recognize it. It was the most stunning animal I'd ever seen. Its neck had totally changed, its legs were straight, it had a chest, and its mane and tail had grown long and beautiful. It's amazing when you create changes like that.

People have asked me what kind of space a horse has to be in, in order for a gnu to take over its body. Generally entities only take over another animal's body where there is some kind of traumatic event. It can occur during operations and when unconsciousness is induced. In this case, it occurred when the horse was being born, which is a semi-traumatic event. The gnu took over the horse's baby body. The entity that was a horse baby was still in there, but the gnu entity was there as well.

Would You Like To Be A Great Dane Again?

A lady called me from New York. She said, "I have a cat, and when she drinks, she slops water everywhere, and when she goes to jump onto the table, she falls onto her back. She can't get up on anything—she's sort of spastic." A spastic cat that doesn't land on its feet. Now this is interesting. I asked, "Do we have an entity here?", and energetically I got a big "Yes."

I asked it, "What are you?" and I got a picture of a Great Dane. I said, "Okay, a Great Dane in a cat body. This must be fun. Would you like to be a Great Dane again?" It said, "Yes, please!" I said, "Okay good. Somewhere here in New York a Great Dane is about to be born. Will you go take that body? What's the value of holding onto this one?" We had a conversation, and the critter left. The next day the woman called me and said, "I can't believe it. This is such a change. I thought you were completely full of shit."

This, by the way, is the number-one phrase I hear in this work. "I thought you were full of shit until . . ." I want you to know if you think I'm full of shit, you have to pay me a dollar when you find out I'm not.

The cat's behavior changed instantaneously. She jumped to the top of a five-foot cabinet the next day, drank delicately from her bowl and stopped falling off furniture. This is what can happen. If you are willing to take in this information and use these techniques, you can make animals'—and their owners'—lives a lot more pleasant.

You May Discover The Entity Is Human

You may discover that the entity is human. Human entities will go into animal bodies, but animal entities won't go into human bodies. Animals aren't dumb enough to want to occupy our bodies. They would want to be a human for what reason? Animals don't want to go to work! That's why they have you. You'll go to work for them and earn their livelihood.

At a wild animal rescue facility where we did some work, there was a cougar that would not become part of the pride. Even when she was in heat, she would have nothing to do with the other cougars. We discovered that a human had seen a picture of a cougar and said, "Oh! In my next lifetime I want to be a cougar."

Has anybody said to you, "In my next lifetime I want to be one of your animals?" Guess what? They're going to do that! Don't make those kinds of commitments. Don't say that kind of thing because that's where you'll end up. We removed the human from the cougar's body and a week later they were able to put her in with the rest of the pride, and she was fine.

A Horse With A Human Entity

In the first animal class I did, there was a giant horse, seventeen hands tall, which had a backend that was pitched like a roof. He was very uncoordinated and disjointed—he would walk on people and trip all the time.

This horse had a human entity in it. The human entity had decided he wanted to be a horse running free in his next lifetime, and so he had come back in a horse body. But instead of being able to run free, he was sent to the racetrack. The entity was pissed off. It didn't want to be a horse running around a racetrack—it wanted to be a horse running free. It wanted to get out of the horse's body, so it was trying to kill off the horse so that it could get free.

Within fifteen minutes after we removed this entity, the shape of horse's rump totally changed. I was sitting there watching it happen, thinking, "Okay, I'm delusional."

I asked in very calm and collected way, "Has anybody seen a change in this horse's rump?"

Everyone said, "Yeah, it went from being shaped like a roof to round."

I said, “Whew! I’m not as crazy as I thought I was!”

Normally a horse is fully grown by the time it’s six years old. This horse was nine. In the three months after we worked on it, it grew two more inches. It doesn’t happen that a nine-year-old horse grows two inches—but this one did. It was quite extraordinary—and an opportunity for us to see how much we can do to facilitate animals in having greater ease in their lives.

A Dog That Was Barking And Growling At Its Owner

In one of our animal workshops, we worked with a dog that had suddenly started barking and growling at its owner. Every time the owner got out of his chair, opened a door or made any sort of noise, the dog would bark and growl at him. The owner was getting annoyed and angry with the dog.

I asked the dog what made it growl at its owner, and we got that the owner had taken on an entity. Usually entities invade our bodies when we’re unconscious to some degree. Any sort of unconsciousness, including taking drugs, drinking, or being under anesthesia, allows entities to attach themselves to our body. By the way, one of the reasons people have such a hard time when they want to stop drinking is that the entities attached to their bodies want them to drink. The entities scream at them, “You need a drink! You need a drink!” The “you” is a tip-off. When you hear “you” in your head, it’s an entity talking to you. You wouldn’t refer to yourself as “you.” You would call yourself “me,” or “I.”

We tapped into the dog’s owner and asked for the entity that was in him, on or attached to his body, and causing this behavior in his dog. We located the entity, and asked it, *Entity, who are you? Who were you before that? Who were you before that? Who were you before that? Who were you before that? Who will you be in the future?* And it left.

It’s always a good idea, when an animal changes its behavior, to look for an entity that has gone into its owner’s body.

The Value Of Being In Communication With All Things

Learning to do these processes and using them on animals puts you in communication with every aspect of life. This increases your communion

with everything in your life. Communion is the awareness of all things. It's the willingness to receive everything without judgment. When you're in communion with all things, everything in your life becomes easier. Total communion occurs when you're in the deep woods, where the healing, caring, nurturing, expansiveness, joyfulness, creativity and orgasmic quality of life are available to you without any judgment. The deep woods embrace you and allow you to be whatever you choose to be in that moment. There is no judgment in the deep forest. There is, however, judgment in the human world.

Something happened recently, which illustrated what can happen when you are in communion with everything. Dain was out on a run. As he was running down the trail, he kept thinking, "Gosh, I wonder what would happen if I ran into a rattlesnake on the trail." Just as he was leaping over a creek, he saw a rattlesnake on the other side and in mid-air, he turned around and landed on the same side of the creek he had come from. Why had he been thinking about a rattlesnake as he was running? Because the snake was trying to tell him it was there. Be in communion with all things and you'll know where to go—or where not to go.

Chapter Four



ANIMALS CAN GET STUCK IN DECISIONS THEY MAKE

Animals and people can get stuck in decisions they make. We all do this. Something unpleasant or painful happens and we make a decision in response to it. The decision then “sticks,” or stays in effect through time, even though it’s no longer appropriate to what’s going on in the present. When an animal’s condition or injury doesn’t correct itself almost immediately, it may be that the animal has made a decision that is holding it in place. Emotions, feelings and thoughts that are created in painful or upsetting moments can also be held in place by decisions.

Point Of Creation And Point Of Destruction

Every condition and situation that we are interested in changing was created somewhere throughout all time, space, dimensions, and realities. We call this the point of creation (POC). For people, this often involves a judgment or a decision. How and why it was created does not matter, nor does any other part of its story. We only need to know that it was created.

One day my son was telling me that he was sick. I asked, “So, what are you sick of, son?”

He said, “Well, I’m sick of ____.”

I asked, “Okay, what else are you sick of?”

He said, “I’m sick of ____.”

I asked, “And what else are you sick of?”

He said, “I’m sick of ____.”

Then I said, “Okay, would you destroy all of your decisions and

judgments about being sick?” (These were the point of creation.)
He said, “Sure!”

The next day he was well.

The point of destruction (POD) is the point where we destroy our beingness with a decision that is based on a limited point of view. We literally undo our beingness with a decision and put ourselves into a destructive universe. An example of this comes from a woman I worked with recently. This woman had made the decision that her family meant everything to her. At the time I worked with her, the woman’s mother was dying, which meant to her that her family was ending. She got exactly the same disease her mother had. Her decision about family was a point of destruction.

The point of destruction, like the point of creation, includes energetically the thoughts, feelings, and emotions preceding the decision. Whenever we create anything from a positive or negative viewpoint, or decide that something is good or bad, right or wrong, perfect or horrible, we create a polarity. We tend to think of the positive polarity as good, but it can create as much of a limitation, if not more, than a negative polarity. For example, if you decide you have the perfect relationship, and you’re with someone who is not kind or caring to you, you end up letting them destroy you because you’ve made the decision your relationship is perfect. You’re stuck in your decision that it’s perfect and you’re not willing to see where it’s not perfect.

Erasing Decisions, Emotions, Thoughts And Feelings

To erase a decision, we ask the energy to go to the point of creation of the decision, emotion, feeling or thought that preceded it. In turning—or reversing—the polarity, we undo the positive and the negative and the decision ceases to exist. This is done by using a clearing statement, which allows hundreds of points of creation or destruction to clear at one time:
Right, wrong, good, bad, all nine, POC/POD, shorts, boys and beyonds.™
(See the glossary for more information about the clearing statement.)

Going To The Point Of Creation Of Trauma

Going to the point of creation is very effective in undoing the after-effects of

trauma. When we go to the point of creation of the trauma, the polarity that holds the condition or situation in existence is erased. If an animal has been traumatized, ask for the feelings that are connected with the trauma. Then go to the POC and POD of the feelings immediately preceding the trauma, torture, capture, surgery, drugs, medication, or whatever it was. When you do this, the feeling ceases to exist and the trauma that has been locked up in the body starts to break apart for the animal. When you ask for the point of creation of something, it is implied (and the universe understands) that this includes the thoughts, feelings and emotions immediately preceding the decision to be, do, have, create or generate whatever condition we're now stuck with.

It's helpful to remember that animals are smarter than people, and they are more interested in letting go of their problems and just being themselves. When working with animals, most of the time, you just have to ask for the point of creation of the feeling immediately preceding the creation of whatever condition you are working on. Most animals, unlike people, seem to run on feelings and not thoughts or emotions.

You May Want to Work from a Distance

I was at a friend's house in Australia—they lived on a lake where there were some swans. The swans had babies and they brought their babies up into the neighbor's yard. The neighbor didn't want the swans to poop on his lawn and he hit one of the baby swans in the neck with a shovel and broke its neck. The baby swan's neck was flopping and it couldn't hold its head up. I tried to get near the baby to do some hands-on work on it, but the parents went after me. It was clear I had to work on the baby swan at a distance.

I asked the swan to go to the point of creation of the thoughts, feelings and emotions immediately preceding the trauma. As I began working on it, the iridescence of its feathers was starting to dull, and I could see the energy pulsing in and out as it was starting to die. Then suddenly, the energy changed and its neck came up straight. When we saw it the following day, it was moving like the other young swans. Two days later, we couldn't tell which one of babies had been injured.

It doesn't matter whose thoughts, feelings and emotions they are, whether

they're the animal's or whether they're from the person who's delivering the trauma at them. You just go for whatever thoughts, feelings and emotions were there just before the trauma. Most animals will allow you to do hands-on work on them, but some do not want to be touched. If they are in a lot of pain, and especially if you are dealing with animals that can kick, bite or scratch, you may want to do the process at a distance.

Chapter Five



FOLLOW THROUGH WITH WHAT YOU TELL YOUR ANIMAL

In one of our animal workshops, a lady who was holding her Chihuahua on her lap said to me, “I admire the way you work with children and animals. You take a direct, this-is-what’s-going-to-happen approach. You say, ‘These are going to be the consequences of your behavior.’ I’m getting much better with my kids, but with my animals, I still go all mushy and soft.”

As she was saying this, her dog was growling. She pointed to her dog and said, “He is growling right now because he made a decision that because those other dogs are here, he’s going to get attacked.”

I said, “No. You’re making an assumption. You’ve decided that he has the point of view that he’s going to get attacked.”

She said, “Yes, but he’s here, in my lap growling right now.”

I asked, “Is his point of view that he’s going to get attacked—or is his point of view that he’s supposed to protect you?”

She looked totally surprised and said, “Oh! I hadn’t thought of that.”

I asked, “Are you willing for him to change that point of view? Truth? No, you’re not. This is one of those examples where the owner is the cause of the problem.”

She said, “Well, actually, I like it when he protects me at home. Will he stop protecting me at our house if he stops protecting me here?”

I said, “All you have to do is give him directions.”

Tell him, 'The only time you have to protect me is when we're at home and I'm not being aware. When I'm being aware, you don't have to protect me. This is the way I feel when I'm fine and I know I'm not going to be attacked. This is the way I feel when I'm checked out and stupid, and you need to protect me.' Your dog's point of view is you're always stupid and need protection. I'm sorry to say this stems from the way that we train the animals up front. We're responsible for that. They aren't."

The lady said, "When he started that barking thing instead of telling him to shut up, I would say, 'Good dog. It's okay.' And when I would say, 'It's okay, you don't need to worry about anything,' he would stop barking."

I said, "That's right. He is doing exactly what you asked him to do. You asked him to be your guardian and your protector. It's actually pretty funny you've asked a Chihuahua to be your guardian and protector. Probably you just want him as an early warning. That's all you're looking for. Tell him, "You can just be my friend. You don't have to be my protector."

You have to follow through with what you tell your animal. Some people think they're being kind when they don't follow through with their dogs or their kids. The idea that it's being kind to let them get away with inappropriate behavior is based on what?

The only reason an animal misbehaves is because it's confused. You say, "This is bad," and then you let them do it. Why would you let them do it if it's bad? You don't reprimand them when they do bad things, except to yell at them or say, "Oh, that's terrible. You're bad." You have to tell them, "This is the deal. This is what's going to happen here."

When an animal does something that is valuable to you, for example, if they are protecting you and you hold them tighter because they're growling, is that a reward? Yes, it is. They think, "Oh, you love me. I'm doing the right thing." Or you pet them, and say, "It's okay." That's a reward. If you don't want them to bark, you've got to look at them and say, "Shut up!" You can't say "Shh, shh, be quiet," while you're saying, "Good dog." Don't be inconsistent. Say, "Shut up."

When you have an animal that is acting up or behaving in a way that you don't like, you have to let it know what the consequence of that behavior is. It's like throwing the *TV Guide* at your cat when it's on the kitchen counter. Because it flaps, it doesn't ever hit the cat. The cat is gone long before the *TV Guide* gets to it, let me tell you. But it scares them enough that they think, "Oh! That's just like an owl or a hawk coming to get me." It gets clear that jumping up on the kitchen counter is not good behavior.

I once had a horse that would attack people. He would go after them with his teeth. We tried to change its behavior and could not do it. Finally I looked at him and said, "I want you to understand. If you don't stop this biting shit, you're going to become dog meat. We're going to change your name to Dog Meat so you can get clear about where you're going to end up. You're going to be in a can and dogs are going to be eating you if you don't stop biting."

The next day, without realizing it, I walked just a few inches away from this horse and he didn't flick an ear. He just looked at me, and he never bit at anybody again. You have to give animals information so they can make a choice.

Chapter Six



BE IN THE QUESTION

At a recent event, someone told us his neighbor got a new dog, a Beagle, that was driving him crazy by barking for hours at a time. He asked what he could do about this. I said, “The dog has made a decision. Ask it, ‘What is it that you’re trying to tell me?’” Then run, *Everything you decided about barking all the time as the way to get that, will you destroy and un-create that?*

If people would just ask barking dogs questions like, “What’s up, dog? What’s the deal? What are you doing? What’s the value of holding onto this? Who created this? Who gave it to you?”, they could get to the bottom of the behavior and change it. If you ask an animal a question, they will give you an answer that allows you to change the condition. Don’t make decisions or conclusions about what is going on with animals. When you come to a decision like, “Oh, this is the way it is,” then that’s the only option there is. Instead, ask a question.

Asking a question works with everything, since everything in the universe has consciousness. You can even ask your car what it needs or what its problem is, and it will tell you. A friend’s car was running rough and she thought she needed to get the oil changed. She had that done, but it didn’t handle the problem. Then she changed her tactic. Instead of thinking she knew the answer, she asked the car what it needed. She woke up at four o’clock the next morning and said, “Oh my gosh, the car needs air in its tires!” Some additional air in her tires completely solved the problem.

It might be hard to believe that there’s consciousness in a car, but there is. There is consciousness in all things. Recent scientific research tells us that

when we look at a molecule, we change its structure by merely observing it. It has to have consciousness to know that we're looking at it, which means it has to be affected by whatever we're thinking.

You can get to the bottom of any issue or condition. It's just a matter of asking questions and listening for the answer. If you ask questions, you'll get the energetic "ding" in your head or whatever it is that you personally get, that lets you know what you're dealing with. All you've got to do is ask a question—and then listen for the answer.

Chapter Seven



ANIMALS KNOW WHAT THEY NEED

Why Is He Eating Dandelions?

Animals know what they need. I had a horse once, which when we'd go out riding on the trail, would eat nothing but dandelions. I kept wondering, "Why is he eating dandelions?" About two months later he experienced severe colic, and the vet discovered that he had a fatty tumor on his colon. Eighteen feet of his colon had to be taken out.

I had originally leased the horse and had an insurance policy on him, so I called the people that I had leased him from to see if they might have forgotten to cancel his insurance.

They said, "Oh my God, we love this horse so much."

I said, "It's going to cost \$10,000 to fix him." They said, "We'll pay it."

I said, "Okay, fine, he's yours now."

I gave him back to them because they were going to pay \$10,000 to have him fixed.

I later found out that dandelions contain a substance that takes care of fatty tissue. Animals will eat what is appropriate for them because they know how to take care of themselves.

A Dog's Job Is To Scavenge

We worked with a lady whose dog ate its own feces. She asked me why it did

this. I told her that when there are minerals and other elements missing in an animal's diet, they try to find those missing elements wherever they can. A dog in the wild would go out and scavenge and get all the different things it needed. But we don't let our dogs do that. I think a lot of the problems dogs and cats are having these days are a result of the fact that we've limited their diets so much. Instead of feeding them scraps that would give them the extra nutrients they need, we limit them to their dog or cat food. A dog's job is to scavenge and take care of dead things. They're like vultures. They're fully equipped internally to handle the things they eat.

A friend told me that her vet has a poster on the wall that showed things that have been pulled out of dogs' guts, like ladies' panties and tampons.

I said, "They eat those things because people don't let them out to have the things they would like to eat."

She said, "Yes, but dogs aren't garbage cans."

I said, "Yes they are. I'm sorry. You've got to get real. Dogs are garbage cans."

Our friend, Suzy, who walks at least twelve dogs a day said, "You wouldn't believe the stuff I find in dogs' poop!" She says she knows it all comes out fine, and doesn't worry about what they eat.

It's amazing what dogs will consume. They will eat ripe tomatoes right off the plant. They will scavenge avocados. I had a friend whose dog would run two miles to the nearest avocado orchard and ravage it. It was the fattest friggin' dog you ever saw in your life. The vet said, "I don't understand why this dog is so fat. But look at the beautiful coat he has."

Maybe dogs who eat their owners' underpants are telling their owners something like, "Let me out and have some freedom. I'm going to eat your panties if you don't let me out." Stop treating animals like they're some kind of delicate flower. As Suzy says, "Dogs are like kids. They're going to put stuff in their mouths and what does it do? It builds up their immune system. The kids who don't get to do that have no immune system. They get sick all the time."

Chapter Eight



SURROGACY

As I have mentioned, cats have a tendency to take on entities. Dogs, on the other hand, will take on diseases and personality disorders for their owners, in an attempt to make their owner's life better. They will do a surrogacy of whatever their owner's disease is. Body surrogacy happens when an animal takes on the upsets, illnesses and injuries of other animals or people, especially their owners, in order to heal them. When you see a dog with an illness or a personality disorder, you might want to check whether it's really the owner who has the problem.

We worked with a dog that kept having different kinds of cancer. One day I asked it, "Are you taking on cancer for a member of your family?" The energy read yes. I said to the dog's owners, "Somebody needs to get checked out for cancer." The dog's favorite person was the mother of the family. He always sat next to her and put his head on her feet while she was sitting in a chair. He had been doing this since he was a puppy. No one knew it at the time, but it turned out the mother was riddled with cancer and she died about three weeks later. She had no symptoms. The dog had all the symptoms.

Dogs also take on our emotions. In New Zealand, we worked with a dog named Nick-Nick, who had become very anxious and nervous. We discovered that the anxiety actually belonged to the daughter in the family, who was getting ready to go out on her own and didn't know what she wanted to do in life. Nick-Nick was attempting to take the nervousness out of her body. I suggested that the daughter have a talk with a particular older lady who could give her some guidance and help her straighten things out. I told her that as soon as she got over her nervousness about what she's going to do

with her life, Nick-Nick would get over her nervousness, as well. I then said, *So everything that Nick-Nick is taking on for you, can we now destroy and un-create all that and at least give her a little rest?*

Surrogating isn't a good thing. Animals can't remove illnesses or conditions from people, actually because people have to be willing to look at their own point of view. Surrogating just takes away the symptoms, relieves pain or diminishes its intensity. At first glance, this could look like a positive thing, but if someone doesn't know she has cancer, she won't do anything to change the condition.

Even though animals can't cure our illnesses, they can help us in other ways. For example, there are a lot of therapeutic riding clubs, where people get wonderful therapeutic results from riding horses. I recently heard about a place where kids with autism ride the horses and work with them, and at the end of the day, the kids are smiling, happy and so relaxed that they will lie down and go to sleep. The kids feel totally honored and taken care of when they're with the animals.

A Beagle That Was Dying From Obesity

In a recent dog class, we worked with a beagle who was dying from obesity. It was so fat that it couldn't put its legs together. The woman who owned it was feeding it huge bowls of food three times a day. The woman would say, "Oh Honey, eat some more. You so love your food." No.

We discovered that the dog was fulfilling the owner's need to eat, not its own need. It was showing the owner that it cared for her by eating all the food she gave it. The woman said, "I feed her and then she throws it all up." She gave her fifteen-pound beagle the amount of food that you would feed a sixty-pound dog. What was the dog supposed to do with it? Throw it up. But we, the humans, are the intelligent, thinking species, the sentient beings. How stupid do we have to be?

Our friend, Suzy, told the lady her dog was dying and she needed to feed it less food.

The lady said, "I can't feed her less food because that wouldn't be

nice.”

Suzy said, “Well, you’re killing your dog by overfeeding it. Do you want your dog to be dead—or on a diet?”

The lady said, “Okay, diet.”

This eating problem was actually the lady’s. But she did feed the dog less food, and after three weeks, the dog could go on walks, and started running on the beach. Now when Suzy goes to visit, the dog rolls over and lets her pet its belly, whereas before it couldn’t roll over on a bet.

The point is your dog will try to care for you. Your animal will try to care for you by eating too much if that’s what you want to do—and you won’t let yourself. They’ll take on things for you because they care about you.

A Corgi Whose Life Was Dedicated To Healing

In one of our animal workshops, we worked with a three- year-old Corgi who had a number of health problems. The dog’s owner said that if the dog did much running, she’d pull up lame, and that she had problems in her joints, problems in her tailbone area, skin problems, bladder crystals and recurrent bladder infections. The dog also had one behavior problem. She was overly friendly and would get in everybody’s face, including other dogs.

Knowing that dogs, in particular, become surrogates for their owners’ illnesses in order to try and heal them.

I asked the Corgi if she was surrogate. The answer was “Yes!”

I then asked her, “How many of the physical ailments you are experiencing are your attempts to heal your owners? Most of them? All of them? Some of them? None of them? Which is it?”

It was, “All of them.”

She said, “I’m healing everyone as fast as I can.” I asked if she would like to enhance her ability as a healer so she didn’t have to take on people’s illnesses. She said yes.

I said, “*So everything that you have taken on as the universal surrogacy and everything you’ve done to be a surrogate for your family, can we now destroy and un-create everything that does not allow you to be able to heal whatever it is more rapidly? Right,*

wrong, good, bad, POD and POC all nine, shorts, boys and beyonds.™”

This is a dog whose life was dedicated to healing.

I asked, “Will you heal just your owners or anybody that touches you?”

Her answer was, “Anybody who touches me.”

This explained why she was getting in everybody’s face.

“Okay, I’ll heal you. I’ll heal you. I’ll heal you.”

Dogs often try to actually get on people in order to heal them. Oftentimes they’ll jump into people’s crotches to do healing work. They go to that place to feel the person’s energy.

I said, “So everything you’ve done, everything you have not done, and everything you have been invalidated for that has been actually a healing, can we now destroy and un-create all of that? Right, wrong, good, bad, POD and POC all nine, shorts, boys and beyonds™.”

You can make some pretty dramatic improvements in your dog’s health by recognizing that it may be taking on your upsets, illnesses and conditions in an attempt to heal you. When you see a dog with an illness or a personality disorder, check with it to see if it’s really the owner who has the problem.

Chapter Nine



PROJECTIONS, EXPECTATIONS, SEPARATIONS, JUDGMENTS, AND REJECTIONS

In the first class we did on animals, there was an old dog that had gray, fuzzy stuff over his eyes.

I asked, “What’s wrong with this dog?”

His owner whispered, “He’s getting ready to transition.” As if the dog couldn’t hear his owner saying he was getting ready to die!

People place their projections, expectations, separations, judgments and rejections on animals. This is done by thought and by speech. They say or think things like, “Oh, you poor thing. It breaks my heart to see you like this,” or, “You’d be better off dead.” The animal tries to become what we want it to be. When these projections, expectations, separations, judgments and rejections are not recognized for what they are, they can create a tremendous distortion of the animal’s beingness and body.

Dogs—and all other animals—pick up on all our thoughts, feelings and emotions. That’s language to them. They will duplicate or energetically copy our feelings and thoughts. If we project a thought like, “Bad dog,” or, “Lazy dog,” or whatever point of view we have, an animal will pick it up. Often they will take it on and act on it. They will become whatever it is we project at them.

Projections, expectations, separations, judgments and rejections are removed by going to the point where they were created. Going to the point of creation unlocks whatever it is and allows it to dissipate so a new possibility can show

up.

We removed the projections and expectations that this old dog was going to die—and instantaneously his gray, fuzzy eyes turned black. I hadn't done an animal class before, and I was trying to be suave, cool and debonair. When I saw the change in his eyes, I thought maybe I had gone loony tunes.

I thought, "I've really lost it now. I have totally gone over the edge. Nothing has happened here. I just think it's happening."

I asked the people in the class, "Did anyone see a change in the color of that dog's eyes?"

Everyone said, "Yeah, all that milky stuff went away and the dog's eyes are totally black."

I said, "Okay, cool."

The Power Of Projections

Horses and other show animals have a lot of projections and judgments put on them. When you take a horse to a show, for example, somebody will say, "I hate that horse," and the horse will pick it up. What the person hates is the fact that the horse wins over their horse, but that's not the way it comes across to the horse. What it gets is, "I hate that horse," and it carries the projection. These projections and judgments can have very adverse effects on horses and other animals.

I worked with a horse recently that had been in a major accident with a rider. People had projected some pretty brutal judgments at the horse to the effect that it was a bad horse, it was a terrible horse, and it should be put to death. The horse was dying, literally. He was losing weight. No matter what they fed him, they couldn't get him to fatten up. He was nervous and upset all the time. He had stopped playing. When he was turned loose with the other horses, he'd stand in the corner and shiver. He was not doing well at all. We removed the projections that had been placed on him, and the next day when we saw him, he was lying on the ground, totally comfortable with himself. Within a few weeks, he was gaining weight dramatically and playing, jumping and bucking with the other horses.

I also did some work on Peruvian Paso that had been trained by a Quarter

Horse trainer. This horse was weak and stiff and couldn't be ridden. She was uptight and breathed strangely and didn't have the strength to carry anyone. As I worked on her, I got that the Quarter Horse trainer had been projecting things onto her. I said: *Okay, all the projections and expectations and all the judgments about how you're not as good as a Quarter Horse, can we destroy and uncreate those, please.*

I got rid of those, and within two hours, the Peruvian Paso was out-walking every other horse in her group. Two weeks later, her owner sold the horse to a grandmother who got up on her back, took her granddaughter up behind her and rode away.

Dire Predictions

Sometimes people who care for our animals make dire predictions about future health problems they're going to have. We worked with a Pug who had been run over as a puppy, and even though she healed beautifully from her accident and was perfectly healthy, her vet was predicting she would have arthritis when she got older.

When someone puts projections and expectations on your pet, you don't have to buy into them. You can say: *Everything that is, can we destroy and uncreate it all and return it all to sender? Right, wrong, good, bad, POD and POC all nine, shorts, boys and beyonds.*TM

You can also go to the point of creation of all the projections, expectations, separations, judgments and rejections of your ability to heal the animal, the necessity of healing the animal, or the abject terror that you're not going to succeed in healing or helping it. In truth, though, you're not healing the animal—you are simply removing the energy blockages that prevent it from healing itself.

A Feral Cat

In one of our animal classes, a lady told us about her cat. He was a feral cat that had been born in a barn. She got him when he was five weeks old, and he was very skittish, but he settled down with her and her family. When the family moved to a new house three-quarters of a mile away, they took the cat

with them, but he kept going back to the old house. His owners would go after him, pick him up and bring him home. The cat would eat, go out the cat door and they wouldn't see him again until they went back to the old house to pick him up again. They did this about fifteen times. The cat got used to riding in the car.

The cat was obviously going "home," but his owners weren't willing to let him have their old house as his home. They had the idea they were being responsible for him by insisting that he live with them in their new house. Being responsible for a cat? That's superiority if I ever heard it. They finally gave up on that point of view, and the cat started going to the house next door to their old house.

It was pretty clear to everyone that he wanted to live there, but the neighbor wouldn't claim him as her cat. She'd call the owners and say, "He's here again. Come get him." I said to his owner, "Your neighbor thinks you want to own the cat because you keep collecting it. Why don't you tell your neighbor, "Hey, apparently the cat loves you more than he loves us. Why don't you keep him?"

She told us that the cat would go to the neighbor's house and meow at three o'clock in the morning, and the neighbor would get up and feed him. That was okay with the neighbor—her complaint was that he would bring dead birds and mice to her door.

Cats bring us dead animals because they're trying to tell us they love us. They want to feed us. They're leaving us gifts of food. And when they bring us live animals, it's because they want us to share in the kill. They know how much fun the kill is, and they think we need to have that experience. They want us to have some fun in our lives. You chase the rat. They chase you. Everybody's having a good time and the problem is what?

I removed the projections, expectations, separations, and judgments placed on the cat—as well as the rejections and dishonorings of his choices by saying: *So all the projections, expectations, separations, judgments and rejections of this cat and all the dishonorings of his choices, can we destroy and un- create all that please? Right, wrong, good, bad, POD and POC all nine, shorts, boys and beyonds.*TM That freed up some energy.

The lady also said this cat was always on edge. He was always anxious. I asked if the skittishness had to do with the cat, or his mother, and the answer was that it came from his mother. The mother was also a feral cat—and so she was what? Anxious, upset, and on edge all the time, trying to make sure humans didn't get her.

I said: *All the teachings this poor cat's mother gave him so he would be as good a feral cat as she was, can we now destroy and un-create it all and return it all to sender? Right, wrong, good, bad, POD and POC all nine, shorts, boys and beyonds.*TM After I said that, everyone at the class could feel the energy start to open. It was as if a cool spring breeze blew through the area where we were sitting. It was the connection to God, source, oneness, or whatever you want to call it, that each of us has and is—including animals.

Chapter Ten



MOLECULAR TERMINAL VALENCE SLOUGHING SYSTEM(MTVSS)

Our tool of choice for undoing almost any malfunctioning of the body is a Terminal Valence hands-on process called Molecular Sloughing System (MTVSS). This process loosens all the locked up places on the body and can have a major effect on the immune system, especially when it is done on the joints. It works as well on animals as it does on people. It's especially helpful to do MTVSS after an animal has experienced trauma. When a cell is traumatized, for example, if an animal gets kicked or caught on barbed wire or runs into a plate glass window, the memory of that trauma becomes locked in its cells, and the cells don't know how to return to their natural memory. MTVSS can release the trauma and allow the body to return to its natural way of functioning.

In one of our animal workshops, there was an old dog that was very stiff, and I asked one of the workshop participants to do MTVSS on his spine. She did MTVSS on the dog's spine for about ten minutes. When she finished, the dog stood up and stretched, and we could hear every vertebrae adjust. It went pop-pop-pop-pop-pop, and the dog walked off without a limp. It was an amazing thing to watch. We were sitting in a circle, and the dog turned around and came and stuck his nose into the crotch of everybody who was in the circle. When you're working with dogs, if they come and stick their nose in your crotch, they're saying, "Thank you."

How Do You Do MTVSS?

The key to doing MTVSS is to follow the energy. What does this mean? If

you are willing to receive the information, the body of the animal will tell you where to put your hands. The animal will energetically show you where you need to touch it. Suddenly, your hands will lock on to a specific spot. It's sort of magnetic. Your hands will move to the right spot and you will know, "Okay, here's where my hands need to be. I don't know why, but they need to be here. It makes no sense, but this is the right spot." Put the palms of your hands on the area of concern. Then say the clearing statement for MTVSS, which is: *MTVSS and all the rest, known and unknown. Right, wrong, good, bad, POC, POD all nine, shorts, boys and beyonds.*™

MTVSS should turn on immediately, which means almost instantly you will feel an energy running through your hands. People experience the energy differently. Some people feel heat—others feel a vibration. For some it gets cold, for others it feels like an electrical discharge. It's actually all of those things. Each of us perceives the energy in the way that we're willing to perceive. If MTVSS doesn't turn on immediately, keep repeating, the clearing statement until it does.

Doing MTVSS On Carlos

In one of our workshops, we worked on Carlos, a beautiful gray Thoroughbred who had been a hunter and showed at very high levels. Carlos was retired and his trainer believed he was about eighteen years old, but I thought he was probably twenty-one or twenty-two. Years ago, an old guy who had been in the horse business since the early 1920s, taught me how to age a horse by looking its teeth and then its ribs. He said that when a horse hits ten, its back ribs start to expand, and you can tell how old it is by feeling how expanded its back ribs are. The gypsies supposedly developed this method of aging horses. When a horse's teeth got long, indicating that it was old, people would file the teeth down so potential buyers would think the horse was ten instead of twenty-five. The gypsies got wise to this trick and learned to check the horse's ribs to make sure they didn't get stuck with an old horse.

Carlos had a habit called weaving. He would stand at the gate to his pasture and weave back and forth. This motion had made his shoulders so sore that he had gone lame. A workshop participant volunteered to do MTVSS on his

shoulders. I asked her to be aware of where Carlos's body was telling her to put her hands, and she placed them on Carlos's right shoulder. I put my hands on top of hers to show her what the energy of MTVSS feels like and said the clearing statement.

I then asked her to make her touch very gentle and allow the energy to flow through her hands. You don't have to hold on tight. Sometimes it feels like the energy is flowing off the animal into your hands, which means stuck energy is being unlocked, and other times it feels like the energy is flowing through you into the animal, which means the animal needs energy to change something in its body.

Some people try to take the energy out of animals or try to put energy into them. A lot of metaphysical practices try to do healing in this way. This is not what we are doing. Working with energy in Access is not a doingness—it's an unlocking. We're unlocking stuck energies and allowing energy to flow. Sometimes people say it feels like the energy is jamming up in their hands. If this happens, we tell them to let the energy flow out the top of their head. The idea is to simply let energy flow.

The woman working on Carlos felt heat in her hands, and she kept them on Carlos until the heat started to back off, which was an indication of a shift and a change. When the energy shifts, it usually indicates the problem is handled or that the animal has released all it can for the moment. Not all horses get an instant result or solution, but oftentimes they do. The change will occur very quickly, and within twenty minutes you'll sometimes have a different horse under your hands.

We also did MTVSS on Carlos's pole, the point between his ears, because horses, especially those that have been jumped, get a lot of stress on their spine and there are not many things that relieve it. Chiropractic will help to a certain extent, but MTVSS can make a big difference. We could see that MTVSS was going to help unlock Carlos's whole spinal system, because as soon as we put our hands on his pole, his head drooped down and he started to relax. After about twenty minutes of MTVSS, Carlos started to lick his lips, which is a sign of relaxation, and then he began to move away. He was letting us know that he was finished.

Keep Doing MTVSS Until You Feel The Energy Stop

We also used MTVSS with a horse called Topaz, who had injured her neck years before. She could not turn her head at all. After we did twenty minutes of MTVSS two days in a row, she was able to stick her head under her belly and scratch herself, something she hadn't been able to do for fifteen years.

Tremendous change can occur in a very short period of time using these processes with animals. They're much more willing than humans to release injuries, pains, lack of motion and problems in their bodies. Keep doing MTVSS until you'll feel the energy stop. It may feel hot for a while and then all of a sudden the heat will dissipate. With animals, this can take place very quickly because they receive the energy totally. They won't refuse any of it. Ten or twenty minutes is about all they can take.

Horses oftentimes like to get down and roll on the ground after doing this kind of work. It's the way they do final adjustments on their spine. If we'd just roll around in the sand like they do, we'd probably adjust our own spines, too.

After you do MTVSS a few times and you start to get the energy of what MTVSS is, you can put your hands on a horse and just say MTVSS. The process will start to run. You don't have to do anything except be a conduit for the energy.

I have a friend whose dog was hit by a car and the vet told him they were going to have to do a hip replacement. I did MTVSS on the dog for thirty minutes one day, thirty minutes the next, and about thirty minutes the next, and 70 to 89 percent of the lameness was gone. The dog was able to get up in the car by himself for the first time since the accident. His owners did MTVSS a few more times after that, and the dog now has absolutely no lameness and never had to have the hip replacement operation.

Bodies are designed to be generative. Unfortunately we tend to get stuck in the pain, and that creates degeneration instead of our generative capacity. When we free up the energy and allow these processes to work, bodies become more generative and "miracles" can occur.

Chapter Eleven



CELLULAR MEMORY

Cellular Memory is a dynamic process that creates some seeming miracles by allowing the body to choose to heal. Have you ever damaged a spot on your body, and it never seemed to heal? You kept injuring the same spot over and over again for years after that? The cells kept attracting pain to that spot again and again because of the trauma that was locked into it. The cells got stuck in the trauma. They didn't look to be un-traumatized—instead, they were looking for more trauma. Cellular Memory unlocks the cells from the point where they have been traumatized, so they can go back to doing what they're supposed to be doing. It erases the memory of a trauma that the cell has been holding onto. It returns to the cells the awareness of what they're supposed to be, and they start to create themselves from that. This process is extremely powerful when used with animals as well as people.

How Do You Do Cellular Memory?

If you have a sore spot in your body, touch it and go to the point of creation of the cellular memory of the trauma. The clearing statement for cellular memory is: *Cellular memory, point of creation, turn, point of creation, turn, point of creation, turn*. Saying this creates the energy in your hands so you're able to undo the locked-up trauma. It only takes a second to get there on a cellular memory level. Keep saying the clearing statement until you feel the energy start to move. Better yet, have another person do it for you. It's a thousand-fold more dynamic when done by another person.

When an animal has had any kind of trauma, you can do Cellular Memory on the traumatized area. If it has been operated on or if it has been bitten or had some other kind of traumatic experience, Cellular Memory is the thing to do.

It can change and soften scar tissue. If the animal has had an internal operation, you will want to do Cellular Memory on the organs or the internal scarring. At the stable where I keep my horses, there was a horse that had hit its eye on something. The eye was blinking and pus was coming out of it. This horse had never been friendly with me at all. I said, “Let me see if I can do something with this.” I put my hand on his eye and said the clearing statement. Within five minutes the energy changed and I took my hand away. The horse’s eye was open and totally clear. The tearing had gone away. That horse would not walk anywhere but next to me from then on. It’s as if he was saying, “You’re my friend.”

We worked with a sixteen-year-old Thoroughbred mare that had been kicked in the knee when she was eight months old, and she subsequently hit it on some jumps. She had arthritis in both knees, and the one that had been injured would only flex a little bit. I asked her to go to the point of creation of all the thoughts, feelings and emotions immediately preceding the trauma of the kick, and destroy and uncreate those. We then did Cellular Memory, which was necessary in this case, because the kick traumatized the cells and the cells had maintained the stress of that trauma. Cellular Memory freed up the area significantly. We also used Cellular Memory with a horse that had an indentation in its shoulder from having gone into a barbed wire fence—the cells were caught in the trauma of the event. We worked for about fifteen or twenty minutes on the spot doing Cellular Memory—the indentation went away and the area became rounded again, which was really great.

If you’re not sure about what caused a problem or whether you should use MTVSS or Cellular Memory, ask the animal. Always ask the animal. The animal knows. I worked with a horse in one class, and every time I asked, “Do we need to do this, this or this?”, it would nod its head when I said the right process. Even though it didn’t understand the words I was saying, it knew energetically what was right. Animals pick things up energetically in a much more dynamic way than we’re able to acknowledge.

It’s just a matter of asking questions and listening for the answer from the energy. You’ve got to get the energetic “ding” in your head, or whatever it is that you personally feel, that lets you know what you’re dealing with. If you apply this principle of asking to all areas of your life, not just to animals,

plants and humans, but to every area of life, you'll find that there's a great deal more information available to you. The entire universe is trying to communicate with us and give us information about what is possible, but we're not willing to receive it. If we were, we'd have a much broader universe and a lot more things facilitating us in achieving what we desire.

Each One Of Us Sees from A Different Position Or Perspective

When I'm doing animal classes, I ask the participants what processes we should use on the animals we are working with. I do this to help them develop their ability to trust the information they receive. Oftentimes different people come up with different answers to the same question, and they ask me how this works.

Each one of us sees from a different position or perspective. It's to be expected that if you're looking at something from a slightly different position, you're going to have a different hit on it than I am. What you see is going to be correct and where you put your hands to is going to be correct. We can't all see from the same place and we're not all going to get the same information. Agreement is not the idea. Awareness is. After you begin doing these processes and achieve some results, you'll start trusting the information you receive.

Chapter Twelve



PAST LIVES

Animals sometimes have past-life connections with people that cause them to do strange things. If an animal is strange with someone right up front, ask it about past-life connections with that person. Oftentimes there is a past-life connection which involved some kind of abuse or something which caused the animal to decide, “I will never let this person touch me again.” You can ask it, *“Is this a past-life thing? What decisions and judgments did you make you because of it?”*

A lady who came to a class we did in Texas brought a Great Pyrenees with her. She had raised this dog since it was about eight months old, and had had it for two years, but she was unable to sell it because it wouldn’t get near people. It couldn’t stand men and it cowered on the floor whenever it got around people. One day two men who were looking for a dog walked in to her place. The Great Pyrenees was in a cage, and when it saw the men, its body flew from the front of the cage to the back wall.

We asked, “What was projected at this animal?” An animal communicator in the group said, “In a past life those two guys had a button they could push that would knock that animal down. That’s how they controlled it. They made it attack people and they made it do other things.”

I said, “Whoa, energetically that reads.”

The dog had been attacked in another lifetime and when it saw the people who had abused it, the same response was triggered. It flew across the cage and hit the back wall. We worked on the dog, and removed all the points of

view and decisions which created that effect, and when we were finished, the dog stood up, walked over to the nearest man, stuck its nose in the guy's crotch and let him pet it.

Before we worked on it, it would cower and crawl on the ground like a Dachshund. After we worked on it, it would go up to people wagging its tail. The dog was totally changed.

The woman said, "Okay, I have to ask. Do I have to believe this past-life shit?"

I said, "Nope. You don't."

She said, "Well, I don't believe it, but it sure as hell works."

This dog was totally changed.

Chapter Thirteen



IMPLANTS

Implants are put into our physical forms with electricity, drugs, vibrations, lights, and sounds as a way of dominating, manipulating and controlling us and our bodies. An implant is put into the body with an electromagnetic charge, then in each lifetime when a person or animal comes back into a body, the electromagnetics of the implant are reactivated, because all bodies have an electromagnetic charge. Even though the actual implant doesn't exist any longer in the physical body, it is still there energetically. The electromagnetics alter the area of the body that was implanted and can cause it to function improperly.

Implants are sometimes used to increase a person's ability. For example, they might be used to enhance athletic ability or performance. Implants are also used on people who have certain kinds of seizures. Electricity is put into a certain part of their heart or their brain to stop the seizure. This may look like a positive thing and a good idea, but happens in the next lifetime? You can never be sure which way an implant is going to go in a future lifetime. Next lifetime, the implant may create a problem or hinder performance. We find that a large number of people have back problems that are the result of implants they were given in a previous lifetime.

When Dain was doing chiropractic work, he worked for months with a man who had hip and lower back pain. They guy had no mobility in his hip. Dain was doing everything he had been trained to do as a chiropractor, but nothing he did changed the man's condition. After Dain learned about implants and how to remove them, he decided to see if removing implants might improve the man's condition. He said the clearing statement, "*All the implants*

creating this, right and wrong, good and bad, POD and POC all nine, shorts, boys and beyond™”, and waited a moment. Then he asked the man how he was doing. The man stood up and started moving his hip. Neither one of them could believe their eyes—he had a 70 percent improvement in his condition.

Removing An Implant From A Monkey

We were invited by the director of an animal rescue facility in Texas to work with the animals at the center. As we walked in the gate, a monkey started screaming so loudly we knew we had to work with him first. He had been kept in a cage in a hardware store in New York City.

Over the years he had gone insane and they put him in the basement. When the director of the animal rescue facility first saw him, he was in a four-foot-tall cage that was filled with feces. There was barely room for him to move. He was crazed and no one could get near him. They had to shoot him with a tranquilizer to get him into a traveling cage so they could take him to the rescue facility.

We did a lot of work on him and he calmed down somewhat, but he kept hitting his chest and grabbing the hair on his chest. I asked him, “What’s going on with your heart?”

I got that he had an implant.

In a previous lifetime the monkey had been implanted with some kind of electrical implant and it was still having an effect on him. When I asked how old this implant was, I got that it was eight million years old. This monkey had been a monkey for eight million years. The charge of the implant recreated itself each lifetime. He had an eight- million-year-old implant, and once we removed it, he was totally calm.

When you’re working on animals, if the energy indicates it’s an implant, ask for all the implants creating whatever the condition is, and use the clearing statement on them.

Chapter Fourteen



PROPRIOCEPTION

Proprioception is the body's natural state of awareness. It is the body's awareness of itself in space and time. A cell with its true proprioception will be in its own spherical universe. Cells can come out of proprioception when they intersect with negative thoughts, feelings or emotions. When a cell has been altered by thoughts, feelings or emotions, or by chemicals, it loses its proprioception, changes its shape and becomes elliptical. It is as if an arrow goes through the cell and elongates it. Scientists now believe this alteration of its shape is the beginning of disease.

What Do Drugs And Chemicals Do?

When people reach a certain stage of discomfort or disease, they oftentimes turn to drugs for relief, because drugs seem to make the body feel better. The drug creates changes in the way the body functions and starts to create a different proprioception of the cellular structure. It becomes necessary to keep taking the drugs in order to create this false proprioception. The drug is not really making the body well—it's altering the chemical structure of the body. Once a drug is taken, it creates a chemical imprint in the body.

Any drug, prescription or otherwise, creates a chemical imprint in the body. The body then begins to think that it needs the drug, or that it needs to alter itself to respond to the drug, or that it has to alter itself in order to get rid of the drug, and it maintains the cellular structure that has been altered by the drug. It's not necessarily a state of health that the body is in—instead the drug has established an altered state in the body, and the body requires continued use of the chemical in order to maintain its altered state. This is

actually a false proprioception. The body thinks it is in a physical or chemical state other than the state it's actually in. It's as if the body is reading a map. When it wants to change something, it looks at the map and says, "Oh, we're in the state of Texas and we want to get to California. That's the path." Because of the drug or chemical, the body thinks it's in Texas, when it's actually in New York. It needs to take a totally different path to get to California, but it doesn't know that. As a result, the body produces chemicals that are totally different from the ones required to produce the desired result.

That's the difficulty with using drugs of any kind or giving them to your animal. They alter the chemical make-up of the body. I once sold a lady a horse and the horse later damaged its eye. She put the horse on steroids and massive amounts of antibiotics, which created all kinds of alterations in its body. The horse lost weight and its beautiful coat became dull and fuzzy. All of her hairs developed split ends, which a horse should never have. I couldn't believe the condition she was in when I saw her. This horse's coat had been so smooth and beautiful that in the winter, she looked like she had a summer coat. I told the woman the horse was not in the right shape and she needed to put her on probiotics and do immune system work on her.

Were all those drugs necessary to help the horse recover from the eye condition? Maybe. I might have done it differently. The first thing I would have done is ask the horse what she needed. Animals know what they need. It's amazing the things you can find out when you ask them!

Working On A Corgi With Skin Problems

In one of our animal workshops, we worked with a young Corgi that had problems with her skin. Her owner told us that the dog was fine in the winter, but in the spring, she wouldn't stop chewing on her feet and other areas of her body. The owners had tried everything they could think of. They had changed her food and had even given her Benadryl, an antihistamine, in a spray form. The Benadryl had created a false version of proprioception, and it was held in place by positive and negative ions which activated with free radicals. The clearing statement we used was:

So everything that creates any kind of chemical version of false proprioception of the cellular structure of your bodies, will you destroy and

un-create all of that? Right, wrong, good, bad, POD and POC all nine, shorts, boys and beyonds.™

The dog's owner asked whether she should stop spraying her dog with antihistamines, and I told her that wasn't necessary, but that she should continue to do this process on her dog, and as she did so, her dog might not need the antihistamines as much. I suggested she ask the dog, "Do you need this—or is there something else you need?"

By the way, as you're reading these clearing statements in this book, you may find your body is having reactions. It wouldn't be unusual. Your body may be clearing the things we're talking about as you read, because these processes will run on you too, not just your animal.

Chapter Fifteen



TRIFOLD SEQUENCING SYSTEMS

A lady brought her tiger-striped tabby cat to one of our workshops and said that it was in continuous pain. She said the cat could hardly jump up onto the couch, and that she had tried doing MTVSS on it, but the cat, who was usually a total lap cat, would only stay around for about ten seconds and would run away. It didn't want MTVSS.

When you start to do the wrong process on an animal, it will not let you do it. That's one of the great things about this work. If you're doing the wrong thing, the animal will go away. It's the wrong energy. It doesn't create comfort for them. It will say, "I'm done. You're wrong."

I wanted to know how the cat came to be with her. Had it shown up on her doorstep and chosen her—or had it come to her as a kitten? She said it had just shown up one day at their house. If an animal comes to us, there's usually something it wants from us. It may be an energy that we create which allows it a level of freedom it can't have some other place. As the owner talked about her cat, I had the idea that something must have happened to the cat before she got it.

When I told her that, she said, "When you said that, Gary, I got a picture of the cat being thrown out of a car. We live out in the country, and people in the area seem to have the idea that if they don't want their animal, they can just drop it in the country and it will fend for itself. All of our neighbors have dogs, so the cats tend to show up at our place." I ran the clearing statement on all the thoughts, feelings and emotions that immediately preceded the trauma. I then asked if the cat would like MTVSS, Cellular Memory or Trifold Sequencing Sequencing Systems? Trifold Systems was the answer.

Trifold Sequencing Systems is used where people or animals continuously go back to a traumatic event and experience it as though it just happened yesterday. They get stuck there. They never seem to get over it. It's as if it's always happening. This shows up in humans as Post Traumatic Stress Disorder. I knew a man who had been in a car accident ten years earlier and he always said, "I was in the accident yesterday." He would go into a loop and would keep creating the accident. It seemed to him that it just happened. Trifold Sequencing Systems is especially good for people who have had shock therapy, for animals that have been severely traumatized, for people who have been in wars or accidents, or those who have lost loved ones.

I asked the cat owner's son, who was also at the animal workshop, if he would run Trifold Sequencing Systems on the cat, and he agreed to do it. I asked him to put his hands on the cat's body wherever it felt most appropriate. I put my hands over his and asked him to feel the energy.

How Do You Do Trifold Sequencing Systems?

I said, *Trifold Sequencing Systems and everything that allows those to exist, right, wrong, good, bad, POD and POC all nine, shorts, boys and beyond, right, wrong, good, bad . . .* I then continued repeating this phrase until it started to run. All you have to do is say the clearing statement. Once you've said it, the animal knows what it wants from you, and the energy starts working. If you can't remember the clearing statement, you can just say, "All that stuff Gary would say." That works, too.

Once you have actually experienced any of these energies and hands-on processes, the moment you lay your hands on an animal, the energy will start working, and the animal will take what it needs from you. You pretty much don't have to say anything because the animal's body will say, "This is what I want." You'll put your hands on the animal and the process will start to happen.

Doing Trifold Sequencing Systems On Capri

We worked with Capri, a beautiful half Holsteiner, half Thoroughbred, who started being shown when she was six. At one point in her career, she was jumping, and she and her rider went over backwards. When a horse goes over

or falls, it creates a huge shock in their universe. They don't like to be down—and they definitely don't like to go over backwards. Ninety percent of the time a horse goes over backwards, it's because of the rider.

As a result of the accident, Capri developed a problem with her femur in her hip and couldn't be ridden because she would get frantic with the pain. Whenever anyone would attempt to ride her, she would return to the jumping accident. She knew it was going to be a disaster again.

I immediately got that Capri had not been treated kindly after her accident, and that a lot of projections, expectations, separations, judgments and rejections were delivered to her. We removed these, and then did Trifold Sequencing Systems, which created a great deal of movement in her back and spine. As we worked on her, she kept picking up her legs and acting like she was going to kick—but really, she was stretching her hip so that it could return to where it belonged.

Then I moved my hand to her hip, where so much energy had been jammed up, and she took a deep breath, and said, “Thank God somebody's touching the right place.” Trifold Sequencing Systems ran well. It had lots of sparks in it, which meant she had been tied up energetically for a long time.

After about twenty minutes, she had all she could take and I asked her trainer to walk her around a little bit. It was clear that she needed a lot more work in her rear end, but there was a little more freedom in it. I felt confident that if someone did Trifold Sequencing Systems on her every couple of days she would gain a lot more freedom in the injured area.

Animals Are Psychic

Dealing with the trauma of an accident is bad enough for an animal, but when it gets into a traumatic situation and then has things projected at it or is treated badly, it gets stuck in the incident. Animals pick up on the thoughts, feelings and emotions that are around them, because they're psychic. They function from a place that doesn't have to do with intellect—instead, they pick up whatever we think at them. They do not use words to communicate. They get their communication telepathically. If you have a sense of fear in your universe, they will pick it up instantaneously, become fearful and act

and react accordingly.

It's important to remember this, especially when you're training young horses. If you give them a good foundation and treat them with kindness, they will trust you and you can break them in with consistency. "Break" is a bad term, but that's the way most people treat horses. They try to break their spirits. But you don't need to break a horse's spirit. If you're willing to recognize that they'll communicate with you telepathically, you'll know exactly what to do with them.

I am always reminded of this when we do our weeklong workshops in Costa Rica, where they have a wonderful breed of horse called Pasos. They're actually a cross between a Peruvian and an Andalusian. They have a smooth gait and they're a very uplifting kind of horse. They are trained very slowly and treated with great care. Most people in the U.S. will take a stallion out of the stall, throw a saddle on him and step up on him without even walking him off or stretching him. The Costa Ricans would never do this with their Pasos.

The Pasos are used as workhorses, because in Costa Rica, they do everything from the point of view that a horse is an animal that works. I've seen people in Costa Rica ride horseback along a trail, carrying a six-foot chain saw. This is normal for a horse there. The horses are accustomed to working, and the people treat them very kindly. They will spend six months working with a horse before they'll put a bit in its mouth. They're very caring with these horses. It's a great example to us about how we should treat our animals.

Chapter Sixteen



PROBLEMS WITH CIRCUITRY

We have circuits that transmit information throughout our bodies. Information from the body goes to the brain, and from the brain to the body via circuits. Sometimes, instead of having a perfect system of communication within our bodies, there's a glitch in a circuit. It's like a hiccup in the communication line. When a circuit is not operating properly, the body doesn't function as it should or could. When a circuit is cut or broken, for example, the electrical impulse carrying information has to find a way around the broken circuit. Sometimes, even when the nerves and muscles are all right, the energetic circuit in an area is severed or altered, and the body has to create a new energetic circuit before anything else can heal.

Circuits can be closed, crossed, non-activated, shorted or open. Open circuits are like short circuits. They don't close and open as they should, which causes the body's normal functioning to go haywire. There are also thevinized circuits. Thevinized circuitry occurs when an electrical current tries to pass through a smaller element that doesn't have the capacity to transmit it, or when a small electrical line suddenly expands and becomes a huge electrical line. This sometimes occurs suddenly for a reason that has not yet been explained. Thevinized circuits can create seizures in animals and people.

Trauma of all kinds, especially operations, can cause disruptions in circuitry. It's very important to work on circuitry when an animal or person has an operation, because when they're cut, they sever electrical lines and the body has to find new pathways of communication with that part of the body. If you do a hands-on process on circuitry, the body can rebuild the circuits very

quickly.

A doctor in Florida who does facelifts is having Access practitioners do hands-on work during the operation and immediately afterwards. He says that people are healing very rapidly and having huge successes. You can do hands-on work on circuits with anyone who has had an operation and healing can take place in days rather than weeks or months.

Working On Animals' Circuitry

When an animal doesn't have ease in the way its body functions, situation, or its body isn't responding correctly in a oftentimes circuitry is the problem. This is especially true for animals that have been injured in any way. When they don't seem to have the coordination they need to do something, working with their circuitry can be extremely helpful.

We worked with a dog that developed problems with her hearing after being run over. It seemed to me that she might have problems with her circuitry. When I asked whether this was the case, the answer was yes. To resolve this, we went to the point where the circuitry became disrupted. I used the following clearing statement: *All the circuitry that is creating difficulties in her ears, can we destroy and un-create all of that? Right, wrong, good, bad, POD and POC all nine, shorts, boys and beyonds.*TM

A Quarter Horse With Cushing's Syndrome

In one of our animal classes, we worked with a Quarter Horse who had Cushing's Syndrome, a condition that stems from a malfunctioning of the pituitary gland. I asked, "Is there something wrong with the circuits that don't allow the synaptic responses in the brain to work the pituitary correctly?" The answer was yes.

I worked on her circuitry, saying: *All the short circuits, crossed circuits, closed circuits, open circuits, non-activated, and thevenized circuits in particular that create the Cushing's in her body, can we destroy and un-create all that please? Right, wrong, good, bad, POD and POC all nine, shorts, boys and beyonds.*TM

Apparently she had a lot of circuitry that wasn't working correctly, and that process created quite few energetic sparks. We also ran: *All the circuitry in your body that does not allow your hormonal systems to work correctly, can we destroy and un-create all of that? Right, wrong, good, bad, POD and POC all nine, shorts, boys and beyonds.*TM

Usually once you undo whatever the problem with the circuit is, the animal's behavior starts to change. This has worked fairly effectively. About 70 percent of the animals we've worked with that had epilepsy or some kind of seizures have gotten over them. We are currently working with the circuitry of some people who have seizures and hoping that the end result will be that they no longer have any seizures at all.

Chapter Seventeen



GENETIC DEFECTS

In one of our animal workshops, we worked with Tula, a Pug whose tongue was so long it couldn't fit into her mouth. It actually hung out of her mouth and almost dragged on the ground. She often had dirt on it. This is a genetic defect created by the continuous interbreeding of these species to make them look cute. At the same workshop, we also worked with Othello, a twelve-year-old German Shepherd who had hip dysplasia. This is a major problem for German Shepherds. They have been bred to have low-slung rear-ends, but in creating this low-slung effect, their DNA has been altered. A genetic weakness that affects the entire breed has been created.

When you're working with any breed—and this is especially true of horses, dogs and cats that have been interbred in order to create a particular quality—you can say: *Everything that was done to the genetics of the DNA, the RNA, the LNA, the nucleic programming, other known and unknown programs, and anything that was done to the animal's genetics in order to create the effects, throughout all of time, space, dimensions, and realities, can we now destroy and un-create all of that? Right, wrong, good, bad, POD and POC all nine, shorts, boys and beyonds.*TM

Working With Tula

With Tula, the Pug, I said: *So everything that has been done to the DNA of all those animals in order to create the effect of "the way they look," everything that creates every disability in it, can we now destroy and un-create all that through the entirety of that genetic line? Right, wrong, good, bad, POD and POC all nine, shorts, boys and beyonds.*^{TM*}

Now let's take all these cute little animals here, the dogs and the cats, and everything that's been done to eradicate their consciousness and not allow them to show up as conscious as they really are in any lifetime, in any time, space, dimension or reality. Can we now destroy and uncreate all of that? Right, wrong, good, bad, POD and POC all nine, shorts, boys and beyonds.^{TM*}

Working With Othello's Hip Dysplasia

The first thing I did with Othello was to address the altering of his genetic line. I said: *Everything that's been done genetically to alter German Shepherds to create that low-slung effect is creating hip dysplasia in this dog. Everything that was done on the entirety of the genetic line to create that effect and all the DNA, RNA, LNA, nucleic programming, other known and unknown programs creating it, can we destroy and un-create all that? Right, wrong, good, bad, POD and POC all nine, shorts, boys and beyonds.TM*

This ran for a while, as it was not just running on Othello—it was working on the whole genetic line.

Doing Reciprocating Dimensionalities On Othello

I then named a number of processes—the Square Root of Minus One, Reciprocating Dimensionalities, MTVSS, and Cellular Memory—and asked the participants to tune in to the energy and select the one that would most help improve Othello's weakened back-end and spine. They said, “Reciprocating Dimensionalities,” which is a process that helps to destroy and un-create what's been done to an animal on its genetic line.

We had two people place their hands lightly on Othello and begin doing Reciprocating Dimensionalities. Othello immediately sat down, and his eyes seemed to say, “Oh my God, this feels good. Just keep doing it.” With Reciprocating Dimensionalities, when whatever is creating the effect in the body from other lifetimes and other dimensions is still working, we often find that the animal has had this condition in another lifetime. We discovered this to be true in working with Othello.

After a short time, Othello stood up and moved around, and it was obvious

that he had more strength in his hips than when we began. Tommy, his owner, said, “Wow, he’s much stronger!” We also did MTVSS on Othello’s hips, and showed Tommy how to do it, so he could continue working on Othello at home to activate and change the condition.

In the midst of doing MTVSS on Othello, Tommy suddenly said, “Here’s something very interesting. I had both of my hips replaced a few years ago. Othello could be taking on my problem!” I said, *All the surrogacy Othello is doing for you to take away your pain, can we destroy and un- create everything he took on for you? Right, wrong, good, bad, POD and POC all nine, shorts, boys and beyonds.*TM

We then had some people do MTVSS on Tommy’s hips, and noticed as we did so, that Othello was looking even more relaxed, and that his hindquarters seemed plumped up and ready to go. Tommy got a good result, too. He said, “I realized my lower back is really connected to my hips,” which indicated to us that the energy that had been locked up in his hips was freeing up. Once we have an operation, we can spend the rest of our lives guarding against the pain we experienced at the time of the operation. This locks the energy into our bodies. I suggested to Tommy that if he would get somebody to do MTVSS on his crown and perineum, it would return his body to feeling normal, and that MTVSS on his spine would help increase his flexibility. I also suggested that Cellular Memory on his hips, back and his spine would assist him in developing greater flexibility.

Chapter Eighteen



QUADRATE OF LAXATION AND ANAPHYLACTIC SHOCK

When a muscle is overworked or over-exercised, it can tie up and become locked into place. When this occurs, and the muscle is not getting the oxygen it needs, the muscle can go into anaphylactic shock. This can happen with horses when they've been overworked. The muscles are tied up and shaking, and it's necessary to walk them out, sometimes for hours. They can actually die if they aren't walked out. When I was working as a groom, I once walked a horse for seven hours until all the stress was out of its body and it could relax.

Sometimes horses are worked at a particular task over and over again until their muscles create a pattern and they're not able to function properly. Let's say they hurt their back a little bit, and they started to protect it. Then, instead of rolling themselves up and cantering in that beautiful way that feels good, they develop a lanky, disjointed way of moving that's so uncomfortable you don't even want to ride them. They're doing the best they can, but they've got a muscle on one side that is injured and chronically tight. They keep the muscle contracted to protect it, so the joint doesn't move properly. This means the muscle on the other side has to be chronically un-contracted. They're unbalanced—one side is "off" and the other side is "on."

Humans have a similar response. Have you ever seen anyone with incredibly tight shoulders? The muscles are in a continuous state of contraction and actually lose the ability to relax. They're in a continuous state of shock.

You can relieve these postural patterns of imbalance by doing Quadrate of Laxation and Anaphylactic Shock. As a chiropractor, you'd have to spend weeks, months or years dealing with somebody to relieve these patterns, but with these processes, people and animals get almost immediate relief. Quadrate of Laxation is literally unlocking the four points that stick the muscle in a contracted position. Technically speaking, Quadrate of Laxation unlocks the actin and myosin filaments that do not allow the muscle to relax. Running Quadrate of Laxation and Anaphylactic Shock at the same time allow the condition to go away.

Anaphylactic shock can also result from other people's judgments or imposed points of view, especially with animals. For example, if people are in an abusive relationship or situation, or if someone is constantly telling them they're wrong or not good enough, they can begin to feel like they have to prepare to fight. It creates a lock in the body where the person is always on a slight adrenaline pump.

How Do You Do Quadrate Of Laxation And Anaphylactic Shock?

If an animal's body is willing to receive this process, it demands that you follow the energy and put your hands where the body needs them to be. Let's say someone is a runner and his leg muscles are really tight. You would place one hand on the hip, and the other on the foot, not just in the location where the tightness is, because the energy has to move throughout the length of the limb to get the desired result. If you're working on really big animal like a horse, you oftentimes need two people to do the process.

With someone who has Carpal Tunnel Syndrome, you would put one hand on the back of the neck, and the other hand on the person's hand. We have seen people with Repetitive Stress Injury, including Carpal Tunnel Syndrome, get over it in forty-five minutes, using Quadrate of Laxation and Anaphylactic Shock and MTVSS. This is not supposed to be possible, but it often happens with people we work on. Just say: *Quadrate of Laxation and Anaphylactic Shock* followed by the clearing statement. Hold the hands in place until you feel the energy release.

Animals become more present in their own bodies with Quadrate of Laxation and Anaphylactic Shock. It's as if the animal is saying, "Ah. That's so much

nicer.” In one of our classes we worked with a beautiful mare who tended to get quite frantic. We asked a class participant who was very calm and quiet to work on her. I asked the woman to keep creating a place of peace in the horse’s head, and peace in her own, and the horse started to get very relaxed. Her head started drooping, and if a horse could purr, she would have been purring.

Working With A Pony Horse

We did Quadrature of Laxation and Anaphylactic shock on a Quarter Horse that had a fracture in his right foot that had never healed properly. The vet told his owner the horse was compensating for pain in his right front foot, and it was creating a problem with his left hind, which he held up all the time. This horse had worked as a pony horse at the track. A pony horse is a calm, cool, collected horse that works with Thoroughbreds at the gate, to keep them calm, because the Thoroughbreds are temperamental and act up sometimes. The Thoroughbreds often jerk against pony horses and it can be a huge strain on them. This horse may have had diagonal stress because he was compensating for whatever pressure was being put on him by the Thoroughbreds.

When there is a fracture that doesn’t heal, the only way you can get the healing process to begin is go to the Point of Creation of the thoughts, feelings and emotions immediately preceding the trauma that caused it. This was the first thing we did with the pony horse. The next thing we did was to remove the projections and expectations that had been directed at him. Pony horses have things projected at them all the time, like “too old” or “too ugly.”

I then worked with a participant in the class to do Quadrature of Laxation and Anaphylactic Shock on the pony horse. I had her put one hand on the horse’s shoulder and the other on his back, just below the withers (the bone where the mane ends), where we could feel the stuck energy in his body. As we were doing Quadrature of Laxation and Anaphylactic Shock, the horse heaved a big sigh, and we felt a huge shift in his energy. Suddenly, he became relaxed. We knew that he might now actually be able to heal the fracture.

Doing The Square Root Of Minus One On The Pony Horse

I then put my hands on him and asked, “What do I need to do for you?” The answer was Square Root of Minus One, which is usually a process we use on humans—not horses. Sometimes when you have Quadrature of Extremities and Anaphylactic Shock, you may find that Square Root of Minus One is also needed, however, this is not always the case.

I started Square Root of Minus One and there was a lot of twitching going on, which is something that occurs when energy is releasing. It was like an electric shock releasing. We could actually see his spine reacting to the process. His spine had been raised up above his muscles, and as we did the process, it settled back in with the muscles.

Quarter Horses are supposed to have a certain conformation. They tend to be a little higher in the rear end and a little lower in the front end, and they’re somewhat stockier than other horses. They are the mesomorphs of the horse universe. There is usually a straight line from their withers back to where their hip joint joins the spine. This horse was slightly swaybacked, which is unusual for a Quarter Horse. It was my sense that some event had created that kind of conformational limitation for him.

Sometimes you see conformational limitations like this in people. They might stand with one hip shifted and one leg bent. Their spines have actually shifted. It’s something they have done to compensate for their injuries. Square Root of Minus One often relieves that—so I thought it might work with this horse, as well.

As I stood with my hands on him, his weight went squarely onto all four feet—a very good sign—and his whole expression changed. Instead of being diagonally challenged, twisting his body and compensating to get weight off of certain areas, he shifted so he was comfortably standing straight on all four feet.

As I continued to run Square Root of Minus One, he flinched and jumped sideways. All of a sudden the pain came into play. He had probably been creating the swaybacked shape in order to keep the pain away from his spine. You have to be alert when you’re doing these processes because sometimes animals react suddenly. You’ve got to be prepared to move quickly, because the pain may turn back on momentarily, and the horse may try to kick you or

do something to get away from the pain. That's what happened with this horse. There was a lot of energy coming out of the area where his spine has been solidified. The muscles were twitching and changing as his spine started to settle into the muscles around it. His back started to look significantly different. I would say his sway was 50 percent lessened and the spine felt significantly more flexible.

These kinds of changes blow me away, because I never know what's going to show up when I begin to work on an animal. I don't have a point of view about what's supposed to happen. I just do the processes. As I did Square Root of Minus One, all I was doing was turning the energy on in his body. The energy came through his body and it went out of mine. I was just a vehicle or a conduit. At one point, he began to move away from me. That was all he wanted. As he walked away, we could all see that he had a little more movement in his back. It was not quite as rigid as it was when he first walked up.

Working with Donny

In one animal class, we worked with Donny, a Dutch Warm Blood who had been a jumper and won his highest preliminary level. He had several ligament and tendon injuries on both sides of his front legs, and as we watched him in the pasture, if he played or bucked, it was apparent that he was very heavy on his front end. He just slammed down. You could almost feel the earth shake. Donny had just come off an injury that had lain him up for three months. His owner had started riding him again, and they were doing dressage, but Donny had trouble staying sound.

Donny was putting a high level of intense energy into the ground when he moved, probably because somebody rode him incorrectly in the beginning. Oftentimes when people train a horse, they crank the horse's head too much to try and get it to arch its neck and create an effect they think looks elegant. Donny's problems could easily have been caused by the first person who trained him. I said: *Everything that locks him up, everything that was done to him as a youngster that created this effect, everything that was a mistraining and a misidentification and a misapplication of his abilities, can we destroy and un-create all of that? Right, wrong, good, bad, POD and POC, all nine,*

shorts, boys, and beyonds™.

I asked Donny what process he needed and the answer was Quadrate of Laxation and Anaphylactic Shock. Three people in the class volunteered to do it on him. Donny was a little bit scared, so I positioned the people around his front end and showed them how to stand with their hands flat against his body and their elbows bent so if Donny moved toward them, he would naturally push them away and they wouldn't get their feet stepped on. When you're working like this, if you keep your knees bent a little bit, rather than locked, you'll be ready to move if you need to. While you're working around the horse's lower legs, avoid dropping down on both knees. Make sure you're only on one knee so that you can move quickly if the horse moves.

Once everyone was positioned around Donny and began doing Quadrate of Laxation and Anaphylactic Shock, there was a lot of twitching going on, and the area where Donny had been locking himself up started to release. He continued to twitch as energy moved through him and turned loose, and people were feeling a tingling sensation in their hands. After a while, Donny started to back away from them—a sign that he was done. We then went on to do MTVSS and Cellular Memory on the back of his leg and the back of his pastern. We wanted to allow the tightened ligaments to stretch and move.

A lot of Donny's problems were a result of his not reaching out when he walked. His rider was energetically putting too much weight on his front end. When you ride a horse like Donny, don't push your energy down—you should lift your energy up off its body. As we worked on Donny, he started moving his whole body. His stride opened up, which was excellent, and his shoulders began to move more freely. He started stretching out, and his weight was more evenly distributed on all four feet. As we finished up our work, he said, "I'm ready to go for a ride."

Chapter Nineteen



MOLECULAR DE-MANIFESTATION & DE-MOLECULAR MANIFESTATION

De-Molecular Manifestation Makes Things Appear

De-Molecular Manifestation has to do with creating—or making things appear. You talk to the molecules and ask them to become something else. This sounds pretty magical, but it has probably happened to you. Have you ever lost something? It disappeared from your life and you wanted it to come back—and it did? You de-molecularly manifested it back into existence. De-Molecular Manifestation is creation. We use it with animals or people to ask their cellular structure to change so it becomes healthful.

Molecular De-Manifestation Makes Things Disappear

When you want something to disappear or go away, you molecularly de-manifest it. In other words, you ask the molecules to change their structure so they become something else. Molecular De-Manifestation is where you change the molecular structure of something so it ceases to exist. Doing Molecular De-Manifestation causes things like tumors, arthritis and calcium deposits to disintegrate and go away.

When De-Molecular Manifestation is done on animals with conditions like bone splints or arthritis, it can have some pretty amazing results. We did Molecular De- Manifestation on a twenty-eight-year-old mare that was lame due to a condition called ringbone, a bony growth that occurs on the foot just above the hoof. This process erases the excess bone. With hands on the area,

you just say: *Molecularly de-manifest, right, wrong, good, bad, POD and POC all nine, shorts, boys and beyonds™*, and once you get the process started, it will continue to run. You will probably have to do De-Molecular Manifestation a number of times to get the horse to the point where the ringbone goes away totally, but with some horses, doing the process once is all it takes is to start to reverse a condition, and they'll get better continuously.

When the vet says, "Your horse has ringbone," everybody thinks, "That's it. My horse is going to be lame permanently." That kind of projection or expectation causes a lot of problems because it creates or solidifies the condition. When you're working with an animal that has something like ringbone, you may also want to remove the projections and expectations that have been placed on it before you run De-Molecular Manifestation, so the animal can recognize that it has another choice and can choose to reverse the condition.

Some horses, however, just like some people, will choose not to get over their conditions, illnesses and disabilities. Sometimes horses decide they do not want to be ridden, and they can develop conditions like ringbone to keep lameness in place. You could try asking the horse, "Would it change your mind if we rode you a particular way that is fitting for you?", or "Would you be able to get over your condition if you had the owner you desired?"

A lot of times when horses don't want to be some place or they don't want to be owned by someone, they'll develop a physical condition so the person will get rid of them. The problem is that owners love their horses so much they can't get rid of them. It's about how they own the horse, not about the horse having any choice.

A lot of people buy a horse and hold onto it. It goes lame because it doesn't want to be with them, and then they just keep the horse out in the pasture, waiting until it dies. A horse should actually have choice about whom it wants to belong to. In circumstances like this, it might be a good idea to ask a horse, "Is there a different choice you'd like to make?" Or you can try to work on it from the owner's side with a question like, "Can we destroy and un-create the owner's point of view that they have to hold onto this horse forever?"

Doing Molecular De-Manifestation

We did Molecular De-Manifestation on Fantasia, an Alpha mare who had arthritis in her knees. I put the energy of Molecular workshop

De-Manifestation into the hands of two participants and asked them to do it on everything that didn't belong in Fantasia's knees, as well as anything else in her body that didn't belong there, and kept her body from being supple. One of the women asked if she was supposed to think about the bump on Fantasia's knee while she was doing the process.

I said, "Just keep your hand on that bump on her knee, and ask for everything in there that's not supposed to be there. Put your attention on moving everything that doesn't feel right in her body." I could see that Fantasia liked what she was doing and was going to try to help her.

After we did Molecular De-Manifestation, I showed class participants the energy of de-molecularly manifesting a generative healthful cellular structure, and I asked them to work on Fantasia's knees with both hands to help her manifest healthy knees. Fantasia's trainer said she'd never seen her stand still for that long. She said, "I bred her and she's always been anxious and pushy." One of the great things about this work is that it creates a peace within the horse. Fantasia, who was ordinarily anxious and on guard, looked like she was thinking, "Oh my God, I could just lie down and go to sleep now."

Chapter Twenty



CHEMICAL AND ELECTROMAGNETIC IMPRINTING

Chemical Imprinting

We've discovered that the body can be imprinted by chemicals and drugs. Taking massive amounts of drugs, for example, can imprint the system with a particular energy. This came up with our ninety-four-year-old friend, Mary. She had been taking drugs to counteract a heart condition, but it seemed like the drugs were making her worse rather than better. I asked, "What the hell is this?", and it registered as chemical imprinting. Mary had been overdosed with a drug to the point that it was having the opposite of the desired effect on her body.

My sense is that perhaps when we get too much of a chemical, instead of it having the desired effect, we actually get the opposite of the intended result. I think that's what was happening with Mary. The drug imprinted a pattern on the energy of her being and body in such a way that she was unable to change certain elements, organs and structures of the body, and return them to their proper function. I ran a process to do with chemical imprinting and it had quite a dramatic result on her body, and she ended up looking and feeling a whole lot better.

Chemical imprinting can occur with cigarette smoke, alcohol, drugs of any kind, and even surgery. Our food also can create an imprinting on our bodies. Eating certain foods can set up a necessity for more of them. Horses are often chemically imprinted with drugs like Bute, or Butazolidin, which is like horse aspirin, or with Ace, a horse tranquilizer.

To run chemical imprinting on an animal, simply ask: “Does this animal have any chemical, imprinting?”, and if so, run the clearing statement on it.

Electromagnetic Imprinting

Electromagnetic imprinting, which we have also referred to as magnetic imprinting, occurs when a being occupies a body. You, as a being, come into a body and you have an electrical charge that you bring with you. When you get into the body, a magnetism that solidifies the molecular structure of the body is created. The electromagnetics lock you into the body form that you have.

When another being is in the body as well, it creates a conflict between the two electromagnetic systems. Whenever you clear an entity from a body, you will also want to get rid of the electromagnetic imprinting it left behind, because it messes up the being’s ability to form a connection with its body. It can also create interference that doesn’t allow bodies to heal. Electromagnetic imprinting can be cleared by saying: *All the electromagnetic imprinting created by the other being*, along with the clearing statement.

Chapter Twenty-One



ANTIGEN PATHWAYS

Our bodies have developed a way of dealing with antigens like viruses, bacteria and pollen, which can cause disease or disturbances in the body. The antigen comes into the body and the body has an immune response, which is also called an antibody response. The body develops antigen pathways, which are a stimulus- response reaction to the antigen. The next time that thing comes into the body, the body's immune response enables the body to deal with the antigen before it becomes a problem.

Sometimes, though, the body gets into a pathway and continually produces antibodies as though the antigen is there, even when it's not there any more. This is what happens with chronic allergies or skin conditions. There is an over-amped histamine or antibody response created by the antigen pathways in the body. It's as if they're on a track and there is no choice for the body except to produce the histamine response as if the antigen were present.

When people or animals are in utero, and the mother or father has an allergic response to something, their offspring can get an exponential version of the allergic response. This state of exponentialization from parent to child creates a lessening of the child's overall immunity. It makes the offspring more vulnerable to the changes that happen around them, so they become less able to handle the "difficulties of the environment." If the parent has an allergic response to something, the child's body begins to feel like it has it too. The condition or sensitivity to the antigen is "gifted" from parent to child, because the child, in utero, doesn't differentiate between mother, father and itself. The child sees no differentiation between its parents' world and its world. It comes in thinking everything its parents have, it has, and everything its parents are, it is. The end result is a being doesn't see that there is a

difference between their parents and themselves until they're about two, when they begin to say, "Wait a minute. These people are not me."

Dain and I ran into a child whose mother had had an allergic response to cheese, and the child had an exponential version of that, which meant if he got near cheese, he was a mess. The child wasn't actually allergic to cheese, but an antigen pathway had been created. The allergic reaction was a response the child's body learned from the mother. Once we did the antigen pathways, the so-called allergy went away.

This process of exponentialization actually degrades what is possible for the species. Dain and I see this all the time. The toxins in our environment are increasing, and because of the antigen pathways, people have a reduced capacity to live with these toxins and overcome them. They succumb more and more the effect of the toxins, which leads to an earlier and earlier death, systems or diminished health and functioning of the immune system.

How Do You Do Antigen Pathways?

The clearing statement for antigen pathways is: *So all the antigen pathways and the exponentially false imprinted realities based on that, can we destroy and un-create all of that? Right, wrong, good, bad, POD and POC all nine, shorts, boys and beyonds.*TM

If the condition doesn't clear right away, an additional aspect of the process is to say: *So everything that allows that to happen in and all the positive and negative ions and free radicals that allow that to occur (because those are what cause that), will you destroy and un-create all of that? Right, wrong, good, bad, POD and POC all nine, shorts, boys and beyonds.*TM

Chapter Twenty-Two



CRIBBING

Earlier I talked about Carlos, a horse that had a bad habit called weaving. Another bad habit horses adopt is cribbing. Both of these behaviors usually start when horses are kept in a barn. The cribber uses his upper teeth to grab a stationary object like a fence board, then arches its neck, and pulls backwards while swallowing air. Something about this behavior releases endorphins into the horse's brain, and it gets a "high" from it. The harder it pushes on its jaw, the more endorphins are released. When a horse cribs, it sucks air in through its teeth and swallows the air into its stomach. This bloats the stomach and the horse feels full. It doesn't eat and doesn't take in enough nutrients and can't keep weight on.

Interestingly, some horses seem to learn to crib by watching another horse that is doing it. Once a horse starts to crib, it can become addicted to the behavior. To destroy and uncreate this habit, you can say: *So everything that made this horse decide to crib and everything he learned from the horse next to him who taught him to crib, can we destroy and un-create that and return it all to sender? Right, wrong, good, bad, POD and POC all nine, shorts, boys and beyonds.*TM

Cribbing can also be like chemical imprinting, in which case, you can say: *So all the chemical imprinting caused by cribbing, can we destroy and un-create all of that please? Right, wrong, good, bad, POD and POC all nine, shorts, boys and beyonds.*TM

Some people say horses do cribbing to amuse themselves when they're bored. Some think it's a response to stress. Some say it's a form of obsessive-compulsive behavior, perhaps triggered by domestication. Others say it's a

result of the horse's need and desire to nibble. The interesting thing is—horses in the wild don't crib. I'd say 90 percent of the horses that do cribbing do it because they're shut into a barn and don't have a sense of space.

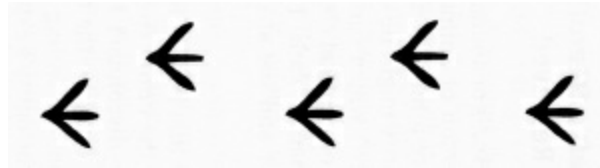
If we were smart enough to allow the animals to be where they belong, which is out in the open, cribbing wouldn't happen. But we put them in barns. We want to protect them from the elements because we think they don't know how to take care of themselves. They're closed in and confined, and they like to chew. They only sleep three hours a day. What are they going to do the rest of the time? All they have to do is bite on something and then pull back one time. They say, "Well, that felt pretty good." So they do that more and more and pretty soon they've got a habit. They're addicted. *Hey guys, are you bored? Try this.*

I'm always amused when people build shelters for their horses. They build nice shelters for their horses, and the horses will go stand out in the rain. Why? Because that's what they're designed to do. The only protection a horse has during the rain is his awareness and his eyes. Do they like being in a nice enclosed space? No. I've seen more "bad" horses turn good after being allowed to go out in the open than you can possibly believe.

A lady in Texas had an Arab show horse that had been retired. They kept him in a stall and he would founder and get ill. He had one problem after the other. We were finally able to talk her into turning him out during the day so he could be with other horses. Then we talked her into letting him stay out during the night, too. That horse is happy now. He has not foundered or been ill another day. Horses are herd animals. They like to be with other horses. That's normal for them.

Some people think horses need some sort of shelter so they can get out of the sun, but many actually prefer open space to being under trees. Being under a tree sounds good to us because it's shady—but to them, it means something can jump down on top of them. They like to stand out in the middle of a big, open field. From their point of view, being in the sun is far better than any place else. I used to think that they'd like shade and trees, too, so I used to try and create a way for them to have that, but I was wrong. They tend to prefer open space.

Chapter Twenty-Three



THE ZONE

The zone is a place in every animal's head where peace exists. Peace is a natural state for animals. When you find the zone of the animal you're working with, you create or tap into a place of peace for your horse, dog or cat, because that's what's natural to them. One person we know who finds the zone with her horses said it's like she and horse become connected in oneness. That's a great way to describe it. When you find the zone, you create a connection between you and the animal. The horse is with you, or the dog or the cat is with you.

Think Of The Zone In Terms Of Space

Dain says it helps him to think about the zone in terms of space. We tend to walk around with very little awareness of the space around us. Sometimes our space is the size of our brain. When we work with animals, we need to adjust our space to the amount of space that the animal is comfortable with. All animals have a sense of awareness of space, and they have a level at which they feel comfortable and secure.

Have you ever had a dog or cat that liked to be in the house all the time, and hated to go outside? The only area it was willing to occupy was the whole house. It wasn't willing to occupy the outside space. Other animals require a much larger space. I've had cats that only wanted to be outdoors. They'd look up to the sky and all around them and check everything out. When you're with an animal like that, you have to have that same kind of awareness that it has in order for it to be in communion and connection with you.

I have a stallion in Texas, and in order to ride him, my space has to be about

eighteen miles out in all directions. A stallion thinks its job is to protect the herd. If you're going to ride a stallion, you need to occupy the same amount of space that it needs to occupy in order for it to feel safe. If I try to close the space in when I'm riding my stallion, he goes frantic. He feels like he's being confined. But if I extend my awareness out far enough, I can ride him into a herd of other horses and he walks along like a gelding because I can perceive everything that he can perceive. He feels safe.

When you ride a horse in the zone, you discover a place in the horse where everything is level and peaceful. You'll know when the horse is going to act up, before he acts up, because you'll feel the static in his head, and you can expand your awareness out into the zone. In the process of expanding both your and his awareness out, you calm the horse and eliminate the blow-up or the problem. Everything becomes calm, cool and collected when you're in the zone.

When you're with your horse or dog, you're with everything in the same way that it is. If you do that your whole life, you will have a more expanded reality. You will be like the elephants that knew when the tsunami was coming. You won't go to the beach with the humans—you'll run for the hills with the elephants. That's the opportunity. If you have that awareness, you'll know when an earthquake is going to happen. You'll know when you need to be out of town.

What Happens When We're Not In The Zone?

When we're not in the zone, we project thoughts, feelings and emotions at animals. They receive our projections, and it feels to them like those things are going on in their universe. If you have the viewpoint that something's going to go wrong, for example, the horse will think, "What's wrong? What am I missing?", and it will get fearful. All animals will do this. They're looking for the zone in which everything has peace in it—they're looking for communion, connection and knowingness. People have the same zone that animals do, but we block it out and eradicate it. That's one of the benefits of working with horses and other animals. We get to be in the zone with them.

Creating A Sense Of Peace With Dogs

We did a dog class at our friend, Suzy's, house with seventeen dogs. I walked in and there was chaos. The dogs were peeing on couches, barking, growling, and walking all over the place. I thought, "Okay, that's it. It's time for this to end." I started creating a sense of peace, and within two or three minutes all the dogs settled down. They said, "Okay," and they all went and laid down in their respective corners.

I asked, "Who are we going to work on first?", and a dog named Emba got up and came over to me. I worked on Emba, and then I said, "Okay, Emba, you're done," and she went and laid down. Then I asked, "Who's next?", and another dog came out. The animals adjusted themselves and chose when it was their time to come up and get worked on.

There was one dog that was laying in the corner of a room a little bit farther away, and at some point in the afternoon that dog got up and walked through all the dogs sat down in front of me as if to say, "Okay, now my turn." It was wild to see. When you create that sense of peace wherever you are, everything changes in the area.

People have asked me if being in the zone is like meditation. The difficulty with meditation is that most people can only do it with their eyes closed. However, if you learn to find the zone, you have it every day, all day long, with your eyes open while you're walking down the street.

The one disadvantage with being in the zone is that you will tend to scare people because no one will feel you coming. You'll show up somewhere and they'll ask, "Where did you come from?" You are creating the zone and most people don't know what the zone is, so they don't see you. It's like you don't exist for them because you're not creating the frantic energy in their universe, which calls to them. But you can take them into the zone with you if you really want to.

Horses Like To Be Connected To The Earth

Another aspect of creating the zone with horses is recognizing that they like to be connected to the ground. They find this tremendously calming. When you get a horse connected to the earth, you can almost guarantee it will never spook. I've been on lots of horses that were supposedly spooky or runaways,

and they never did any of that when I was on them. I'd find the zone and they would start to get calm, cool and collected. They'd start to relax and use their muscles the way that is proper for them instead of being stiff and braced against the possibilities.

You can bring about the energy of connection to the earth with any animal. To connect a horse with the earth while you're riding it, pull energy from the earth up through the horse's body, through your body, and out the top of your head. All you have to do is ask the energy to pull. It doesn't require effort or work. It's not hard. Just ask the energy to pull. This grounds the horse. It becomes present. It won't spook. It won't do crazy things. It won't have problems.

When you find the zone and ground your animal, you create greater awareness of the oneness and the connection that we are with all things. When you become aware of that, you create an even greater connection between you and the animal. There's a communion that occurs. You can then be present for whatever happens. The horse, the dog or the cat is with you. They're far more connected to you.

Finding The Zone With Diva

In one of our animal classes, we worked with Diva, a reddish, shorthaired dog that resembled a Rhodesian Ridgeback. Diva was found as a puppy in the wild, and even after living with people for years, she was still very shy. Her owner said he thought Diva might be the first generation of a domesticated North American dingo. She didn't trust people and wouldn't go up to them. Her owner said that if a stranger walked up to her, Diva would start to tremble.

We ran a number of processes on Diva, and with each one, she became somewhat more relaxed, but interestingly none of the processes created the dramatic result we were used to seeing. She didn't truly relax until I asked her owner to find the zone in Diva's head where there was a sense of peace. I asked him to feel how far out the zone went in all directions, and to expand his awareness out to all the things his dog was aware of. She was on alert for the smells, the sights, sounds, and energies in all directions, and was paying attention to everything for miles around.

Domesticated dogs have learned to linearize themselves into a limited space. Dogs that come from a wilder background are closer to wolves, coyotes and hyenas and tend function in a much larger area. One of the people at this workshop told about his two dogs, which were half wolf. When his dog-wolves were young, he would get a phone call from a house one hundred miles away and have to go pick them up. It was nothing to them to travel one hundred miles in a day. They'd just run and run. That was fun for them. With dogs like these, you need to find the space they function in so they can start to have a sense of calmness.

When you don't create the space, their universe contracts. They get anxious. They ask, "What's up? What am I missing?" They don't understand why you don't have the same kind of space they have, and it makes them feel like something is wrong.

We worked with Diva's owner until he got the idea of expanding into the dog's space, rather than trying to contract the dog into his space. Almost immediately, Diva became much calmer, and a softness came into her eyes that hadn't been there before. Rather than cowering around the people in the class, she suddenly seemed curious about them.

An animal that has grown up with space as its point of view feels confined by the contraction we create with our lack of awareness. Dogs like Diva can teach us how to have more space in our reality. You need to be in the dog's space and go out as far as the dog needs to go to achieve that zone of quietude.

When Diva's owner succeeded in doing this, there was a much less frantic quality in her that everyone could see and feel. The owner said being in that space made him feel calmer, too. The more we create the zone, the calmer our animals will tend to be. After her owner went into her zone, Diva actually came over to me when I called her.

It's important not to ask too much of a dog like this. Ask a little bit and when the dog gives it, ask a little bit more and it will give a little bit more. You want to do it a little bit at a time to get the dog relaxed with being in that space. Rather than trying to get such dog to be friendly with people, accept whatever it gives as a friendliness, thank it, reward it for that, and

acknowledge its space and its zone continuously. The more you do that, the more friendly and ease-filled the dog will be.

A dog like Diva will be more comfortable in a home with a large yard. It has to have an awareness of a large space around it. It cannot function confined in a small area. The dog has to own the whole area for at least a mile around in all directions. If you work with it from that point of view, it will get to the point where it will be able to sit down and relax. Just keep the zone in your own head when you're with it and it will get continuously easier to be with.

We Can Be In The Zone All The Time

I've been talking about being in the zone in relationship to animals, but this is the way we could function all the time. We tend to contract our lives into a small space, as though that's really all we have to worry about. When we do that, we create our worry space. But what about our awareness space? If we functioned with an expansive point of view—an awareness space—we'd avoid traffic jams. We wouldn't run into problems. We'd tend to turn the "wrong" way and miss all the trauma and drama of an accident. We would find ourselves being more expansive. It's definitely the place we want to function from.

When people say, "Be careful," does that create expansion or contraction? Contraction. When you say, "Be aware," what does that create? Awareness. Someone recently told me that she was driving with her daughter when a man ran a red light in front of her. She stopped in front of him before he could hit her. Her daughter said, "Mom, I never even saw that car. I can't believe that you stopped in time." That's the sort of thing that happens when you function from awareness. You'll know when to stop. Someone else told us that as she was driving, the car in front of her blew out its tire. Pieces of tire were flying all over the place, and she managed to avoid all of them. The person with her said, "Good evasive driving." Her response was, "Really?" It wasn't evasive driving. It was aware driving. Everything we do should be from an expanded level of awareness. If we live from that kind of awareness, we create different possibilities for ourselves, because our life will be about expansion—not contraction.

This is something animals can teach us. They can teach us how to have a

more expansive reality, not a less expansive one. They'll give this to us if we'll listen. They'll give it to us if we're willing to be aware.

Chapter Twenty-Four



RIDING IN THE ZONE

In one of our classes, we worked with Fantasia, a sixteen- year-old half Hanoverian, half Thoroughbred. Fantasia was an alpha horse—she was in charge of all the other horses. She tended to act up and respond to events really strongly, and she would control people by acting crazed. When her trainer brought Fantasia in front of the class, she cautioned everyone to move slowly and quietly and not to make any big movements because Fantasia might freak out.

Asking Fantasia To Change Her Decisions

I got that Fantasia had made some decisions about people, and they were not good ones. I asked her: *Would you be willing to destroy and un-create all of those decisions you made about people? Yes or no? What's the answer?* It was no.

Then I asked: *Would you consider the possibility that you don't have to control people by acting crazy?* That one she would give up. I said: *So everything that is, destroy and un-create all that please. Right, wrong, good, bad, POD and POC all nine, shorts, boys and beyonds.*TM Animals are like people in this respect. You can ask them to change their decisions, but you can't make them change their decisions.

Riding Fantasia

After we did some processes on Fantasia to help with her physical problems, we gave her a rest, then brought her into the ring. I wanted to coach Vivi, one

of the class participants, on how to ride her. I asked everyone in the class to find Fantasia's zone, the place in her head where peace existed, and to perceive how far out she had to have her attention in order to feel peaceful. I could feel her zone up to the edge of the mountains eight to ten miles away. Her attention went all the way out there. She was not a horse that should be confined. When people ride a horse like this in a ring, they need to have a high level of awareness of space, or the horse will get more and more tense. The rider has to find the place where the peace exists for the horse, which is expansiveness, and ride from there. You know you've found the zone when you and the horse have a sense of peace.

A friend of mine told me that learning to ride in the zone has made her ten times more courageous as a rider, and it's made her horses calm, cool, collected and awesome to ride. She said her horses have stopped spooking because they can feel the peace in her universe and the peace in their own and they keep it there. She can feel it when they start to get distracted and she extends the zone to calm them down.

Vivi was sitting on Fantasia's back and the first thing I asked her to do was to pull energy from the ground and up and out the top of her head. When we pull the energy up from the ground, it calms the horse because it feels its connection to earth and to us in equal components. Horses know how to be connected to earth, but they don't know how to be connected to us unless we create that connection. Vivi did this, and we could see Fantasia immediately relax. I then asked Vivi to pull the energy up a little bit more, to take the stress off Fantasia's front end, and Fantasia started getting even lighter. You can ride any horse like this and you will be amazed at the way the horse responds.

Vivi went around the ring with her, and after a few moments, I noticed that Fantasia had dropped the weight into her front legs again. When a horse does that, you should extend the zone—or the range that you feel in its head. Vivi did this, and Fantasia lightened up again. If Vivi dropped her attention down to a smaller area, Fantasia would start to get anxious, but as soon as Vivi went back into Fantasia's zone, Fantasia would become calm again.

I coached Vivi to continue pulling the energy up from the ground while she extended the zone. We could see how much easier it was on Fantasia. When

you're riding a horse, the more you extend the range, pull the energy up and put the energy of you into your shoulders, the more your horse is going to be able to stride out and be light in its own universe. Suddenly Fantasia wasn't being ridden by Vivi—she was working with Vivi. This is a completely different way of riding a horse.

Horses Respond To Our Thoughts

As Vivi and Fantasia went around the ring, I asked Vivi to begin to canter—and to do this simply by extending her energy and her awareness of space. At first Vivi tried to ride Fantasia with her legs, but I encouraged her to ride her from thought. I said, “Think with Fantasia. Feel her.” Vivi extended her zone of influence and didn't try to cramp her in. Instead she rode from the zone, and it was beautiful. Fantasia was still the alpha mare. She felt she was comfortably in control of everything because Vivi extended her zone of influence. She was so at ease that you might think she was a gentle, broke-to-death horse. Vivi couldn't believe that she could get Fantasia to canter simply by extending her energy and her awareness of space. She said, “This is wild! I love horses so much. This is changing my life!”

I then coached Vivi to think at Fantasia exactly what she wanted her to do. I said, “Just think it at her. Don't give her any physical cues. Give her pictures of what you want as a pace and how you want her to be easy.” This is what I do with my horses. I teach them to go totally from my thoughts without cues.

Recognize that when you think “trot” at a horse, it will trot. If you think it's going to explode, it will. It will do whatever you ask of it. When you expect it to act badly, guess what it's going to do? Animals are incredibly aware. They will do everything they can to teach us the right thing to do.

By the end of our coaching session, Vivi had discovered a totally new way of riding, and had tears of amazement and gratitude in her eyes. You'll find you can do this with all the horses you ride as well.

Chapter Twenty-Five



YOU CAN'T BE VESTED IN THE OUTCOME

There is an important point to be made about working with animals. If you're vested in the outcome, you will not get a result. What does being vested in the outcome mean? If you feel you must get a result with the work you do—or that you must help the animal—you're vested in the outcome.

Playboy, the thoroughbred horse that Dain now owns, injured himself a while ago. He jumped into a large pile of debris and pulled a suspensory ligament. I had the vet come out to look at him.

The vet said, "This horse is going to be laid up for about three months."

I was slightly vested in the outcome, and I said, "Three months?"

He said, "Well, maybe a little bit less, but probably three months."

Playboy is a horse that runs pretty much non-stop, and the vet was talking about keeping him in a ten-by-ten corral without letting him out for three months. You have to understand that this is the most energetic critter in the world. You cannot imagine what it would be like to take him out after three months of being tied up. Oh no.

I tried to do MTVSS on the suspensory ligament, but Playboy wouldn't let me do it. So I called a friend of mine who does not like horses, and I said, "Would you do this for me?"

She asked, "Do I have to?"

I said, "Please. I'll pay you for it. I'm too vested in the outcome and I'm not getting a result."

She came over and she did MTVSS and Cellular Memory on the suspensory ligament. The vet came out about two days later with his sonogram machine and he said, “Wow, that’s weird. I can’t find anything here.”

All he could find was a little tiny scar that was about half an inch long and about as wide as a hair.

He said, “I was sure Playboy was going to be laid up for a long time. I guess he could be all right in about a week. You can turn him loose after a week.”

I asked, “What do I do about the fact that he’s going to run like hell?”

He said, “Well, we’ll give him some Ace.”

Ace is a horse tranquilizer. After a week had gone by, I gave Playboy enough Ace to knock him out, and turned him loose into a ring that had a foot of mud in it. He ran for forty-five minutes and didn’t get hurt. You can get amazing results with these processes. Injuries like pulled suspensory ligaments can be undone. But you can’t be vested in the outcome.

Chapter Twenty-Six



EXIT STAGE LEFT

Exit Stage Left is a process that can be used to help anyone with a terminal condition. It's for people or animals who are old and getting ready to leave their bodies. When working with people and animals who are close to death, we tend to assume that it would be helpful to disconnect them from their bodies. In fact, it works the other way. The places where we are disconnected from our body are the places that keep us stuck in them. We have no control over those areas, and as a result, we are unable to shut our body down at will. We actually have to connect to our body to be able to go away from it.

Exit Stage Left gives beings the opportunity to choose whether or not they wish to die. It gives a person or animal the choice to fix the body or let it go. This process gives them a chance—if they wish—to leave of their own volition, gently and easily, usually within three and a half weeks. Do Exit Stage Left and animals will leave when they are ready. They'll leave their bodies, check out, be gone, bye-bye dead body, adios. Get back in line.

The Animal Has Choice

It's important to remember that the animal has choice. It can choose to get well or not. There was a lady who called me recently and said, "My cat has gone blind and is having seizures and his life isn't working and I don't know what to do with him. I just want him to get well. What do I need to do?"

I said, "Honey, you're vested in him getting well. Have you asked him if he wants to stay?"

She said, "Yes, I asked him and he said he wanted to stay."

I said, "Has he gotten worse or better since then?"

She said, "Worse."

I said, "I don't think you got the right answer, do you? Maybe you'd better ask again."

It often happens that animals' owners don't want them to go, and this can make it hard for the animal to die peacefully when it wishes to.

The Old Black Mare

In one of our animal classes, we worked with a skinny, old, black mare that was so weak she could barely eat. We asked her what we could do for her, and she said she didn't want anything but the ability to leave her body.

We did Exit Stage Left on her, and discovered that her owner was holding on to her. The woman didn't want her horse to die. She couldn't let go, and this was making it difficult for the horse to leave its body. We did two processes to remove the projections and expectations that the owner had put on the horse, and we could feel her relief as we did them.

We asked the horse, *"All the projections, expectations, separations, judgments and rejections put on you by your owner that you must live forever, that she wants you to be here forever for her, will you destroy and un-create all those decisions and judgments and commitments? Right, wrong, good, bad, POD and POC all nine, shorts, boys and beyonds."*TM

*Everything her owner is putting on her energetically to keep her here, everything she's doing to hold her in place, destroy and un-create all that on the owner, please. Right, wrong, good, bad, POD and POC all nine, shorts, boys and beyonds."*TM

How Do You Do Exit Stage Left?

We then did Exit Stage Left, which is done by saying: *All the Exit Sage Left Systems that will allow her to either heal her body or leave it, can we destroy and un-create everything that doesn't allow that to happen? Right, wrong, good, bad, POD and POC all nine, shorts, boys and beyonds."*TM

So everything that does not allow you to recognize that you can lie down and go to sleep tomorrow, will you destroy and un-create all that please? Right, wrong, good, bad, POD and POC all nine, shorts, boys and beyonds.™

I asked all the people who were there for the class to create a bell jar of energy around the horse, to keep everybody else out of her universe so she didn't have to do anything from somebody else's point of view and could leave her body whenever she wished.

Usually a horse will go and go and go and then drop dead. They never think that they're old. They just know that they're a colt and they're a horse and that's the sum total of their point of view. I told this horse she could leave any time she wanted, and she had the right to die with peace and ease and total beauty.

I thanked her and told her she had been a great horse this lifetime. I said, "Go get a new body and come back as another great horse. You can be even greater next time if you want to be. You don't have to come back to the same owner. Find somebody new for yourself. Find somebody who will appreciate you for the great being you are."

Doing Exit Stage Left After An Entity Has Been Removed

When an entity inhabits another person's or animal's body, the entity's thoughts affect the person or animal whose body it is. Especially in cases where a human entity has inhabited an animal's body. The entity might be thinking, "How the hell do I get out of here?", which can be very confusing to the animal. In one of our animal classes, we worked with a sweet, older horse named Katie. I asked if there was an entity attached to her and the answer was yes.

It turned out it was a human entity that had gotten stuck in Katie's body. After we removed the entity from Katie, we did Exit Stage Left to help her disconnect from the feeling of being pushed out of her body by the entity. It also helped Katie to disconnect from the feeling that she was stuck in her body—which was the entity's experience. It gave Katie the opportunity to create a change. If she wanted to leave the body and go get a new one, she had the opportunity to do that. Or she could settle in and fully reclaim her

body now that the entity was gone. This gave Katie a choice about what she wanted to create.

When you have a horse that does irritating things like walking on you, stepping on you or falling on you, you might check and see if there's an entity attached to it. Someone may be trying to get out. After you have removed the entity, you may want to run Exit Stage Left on the horse.

Chapter Twenty-Seven



EVERYBODY PERCEIVES THE ENERGY DIFFERENTLY

Sometimes in our animal classes, I'll get some information or an answer to a question that is different from what participants get, and they've told me that when this occurs, they doubt their ability to perceive energy. When I get an answer that is different from theirs, they might feel their information is incorrect or invalid. It's important to remember that everybody perceives energy differently. You're not going to get information the same way I get it. You're going to get it the way you get it. The information you get is not wrong, it's just different. When you start to recognize that, you won't invalidate yourself. You'll trust the information you get, and do what feels right to you. Always follow the energy you perceive. Once you start to do this work, you'll get results and you'll stop doubting yourself.

You can't hurt animals with these processes. How do they respond when you do the "wrong" thing? They move around or they walk away. They say, "No, no, no." I remember working with a horse named Foxy Lady. We were trying to do Reciprocating Dimensionalities on her head, and she was saying, "No, no, no. Let go of that." I asked her, "Where do you want me to work?", and I got the lungs. "Oh, the lungs. Okay, fine."

When I starting working on her lungs she said, "Ahh." Animals will always tell you what they need. If you ask a question, they'll always give you the answer—if you allow yourself to receive it.

As you begin doing this work, your confidence will grow, and you will become more certain about what the animal wants and what needs to be done. You can do all the processes I'm describing to you. There isn't one thing Dain and I have done that you cannot do. It may help to attend an Access

animal class with us, and to actually feel the energy before you work on animals the first time, but even that isn't necessary if you ask the question and listen to the answer.

If you're working on an animal and you have a question, you can always ask, "Gary, help!", and you'll have the information you need. But this is actually a trick: You ask me for the information you need, and the universe gives you the answer—if you're listening.

People have asked me what their perception will be like as they become more aware of the information that is available. One person was concerned that it meant she would hear a cacophony of voices and information. I assured that she would not be hearing a cacophony of voices. As you become more aware, you are conscious of where information is coming from. It is the opposite of a cacophony. Right now you've got a cacophony going on. That's why you try to stop information from coming in. You try to stop yourself from receiving information because there's so much being projected at you all the time.

As your awareness increases, you'll pick up the thoughts, feelings and emotions of the people around you, but you'll know where it's coming from and you will see it as simply an interesting point of view. The information will come to you as an awareness, not as a bunch of noise.

Chapter Twenty-Eight



WITH ANIMALS, THINGS JUST ARE THE WAY THEY ARE

Don't you wish people were smart enough to change as quickly as animals do? Most humans put everything into intellectual terms. They say things like, "Well, this happened because . . ." This approach does not facilitate change—it facilitates thinking, explanations, decisions and reasons why this or that condition is present.

Animals don't do this. With animals, things just are the way they are. They allow everything to be what it is. They have no point of view about what's happening. They have no vested interest in changing things. They let go of things quickly and easily.

When you work with animals, this same ability is available to you. You just have to be willing to let the answers fall out of your mouth and recognize that the ability to facilitate healing is in your beingness. It's available to you if you will allow it to come out. All you have to do is say, "You know what? Whatever this horse needs or whatever this dog or this cat needs, here it is." And then give it to them.

They will receive it.

This is something most people will not do.

One of the greatest gifts that animals give to us is the way they receive from us without question, without judgment and without limitation. They receive unlimitedly. They give us the opportunity to do the one thing that most of us

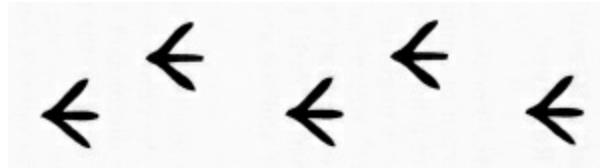
never get the chance to do: to totally gift everything we've got without limitation or consideration. We can experience this any time we work with animals. We have the opportunity to be present with the energy that is.

Ask questions and the animals will tell you what is going on. They will answer our questions. They'll let us know what's happening.

I love working with animals because I get to take the lid off my own knowing and perception so that I can have the awareness of how to help them. You can do it, too. Animals will let you know everything you need to know, be, perceive and receive. You often don't get to do this when you work with people, because most everybody has cut off their knowing.

Are we taught to be aware? No. We're taught to find the answer, not to ask the question. We're taught to assume that we have the right point of view. We're not taught to follow the energy. With animals we cannot assume we have the answer or the right point of view, because if we do, we won't get a result. But if we ask a question, they will give us the answer. We've got to be willing to receive that from them. That's the gift that they give us every time we connect with them.

Chapter Twenty-Nine



YOU ARE NOT DOING THE HEALING

In closing, I want to add an important note about working with animals, especially if you do it as a business. Do not say you're healing animals. Don't suggest that you are doing the healing. It's not true. You are facilitating the animal and the vet in getting the healing done.

Sometimes a vet will say, "Such-and-such can't be done." Maybe that won't actually be the case, or maybe it's a projection. Their points of view are based on the knowledge that they have, which is based on the science they have, which is based on the humans they work with. They're often not willing to be present with the energy as it is. You can help the animal or facilitate the animal's process of change and improvement, but it's imperative that you are clear that you are not healing them. You're facilitating the animal in healing itself. Make sure you don't get in trouble by making claims that aren't true. Be savvy in the way you work with this.

Chapter Thirty



ANIMALS COMMUNICATE TELEPATHICALLY

All animals communicate telepathically. At the animal rescue facility I mentioned earlier, we worked with some Rhesus monkeys that had been on different floors of a research facility, where they were used for testing chemicals. One monkey had electrodes in its eyes, one in its brain, one in its ears. The researchers separated the monkeys because they thought they were going to get different results on each of them, but all the results came out the same because the monkeys were so tuned in to one another. They told one another what was happening and they all had the same reaction to the chemical testing.

How valid is animal research if scientists don't acknowledge the fact that animals communicate telepathically? Can it be valid? Of course not! If scientists really want to do research on animals they should try humans, because they're not smart enough to telepathically communicate information to one another. Because animals communicate telepathically, when we create a sense of peace for one of them, we can create that for all of them.

Last year in Costa Rica during our Access seven-day program, someone improvised a railing to tie horses to by nailing a twenty-foot tree trunk into uprights. Three of the horses got freaked out and pulled the rail out of its uprights. The three of them had twenty feet of tree trunk between them, and they were running and swinging it around. Oh shit. And there were ten people from Access standing next to them going, "Oh, isn't that interesting?"

Since it was easier to stop the horses than make the people go in the house, I said, "Whoa!", and I hit the horses with a bolt of energy that created a sense

of peace. It stopped them dead in their tracks so we were able to untie them. I created a space for them so they could think, “I don’t have to be frightened.” It took the fear right out of their universe. You can do that, too, if you’re willing to recognize that animals communicate telepathically and you are willing to communicate telepathically yourself. The trick, when you’re doing this, is to give them the whole picture, all at once, not just an element of it. The word “whoa” doesn’t mean anything to a Costa Rican horse. That’s not the word they use. They say, “Ya.” When I hit the horses with “Whoa,” it communicated all the energy of “peace, quiet, calm.” That’s what they responded to.

Communicating with animals is about the picture you put into their heads with total presence. Really good riders seem to automatically communicate telepathically with their horses. They seem to know that that’s how animals communicate, and they understand how to talk to their horses in the way that animals do communicate. Other than Mister Ed and Francis, the talking mule, we don’t know of any talking equines. We invite you to talk to the animals using the information we’ve shared with you in this book.

Please know that you can do all the things that we can do. You can have everything we’ve described in this book, and more. Only one thing is required. You have to go out and start practicing on animals.

NOTE TO READERS



The information presented in this book is actually just a small taste of what Access has to offer. There is a whole universe of Access processes and classes. If there are places where you can't get things to work in your life the way you know they ought to, you might be interested in attending an Access class or locating an Access facilitator who can work with you to give you greater clarity about issues you can't overcome. Access processes are done with a trained facilitator, and are based on the energy of you and the person you're working with.

For more information, visit:
www.AccessConsciousness.com

GLOSSARY



Bars

The bars are a hands-on Access process that involves a light touch upon the head to contact points that correspond to different aspects of one's life. There are points for joy, sadness, body and sexuality, awareness, kindness, gratitude, peace and calm. There is even a money bar. These points are called bars because they run from one side of the head to the other.

Be

In this book, the word be is sometimes used to refer to you, the infinite being you truly be, as opposed to a contrived point of view about who you think you are.

Clearing Statement (POD/POC)

The clearing statement we use in Access is: Right and wrong, good and bad, POD, POC, all nine, shorts, boys and beyonds.TM

Right and wrong, good and bad is shorthand for: What's good, perfect and correct about this? What's wrong, mean, vicious, terrible, bad and awful about this? What's right and wrong, good and bad?

POC is the point of creation of the thoughts, feelings and emotions immediately preceding whatever you decided.

POD is the point of destruction immediately preceding whatever you decided. It's like pulling the bottom card out of a house of cards. The whole thing falls down.

All nine stands for nine layers of crap that were taken out. You know that somewhere in those nine layers, there's got to be a pony because you couldn't put that much shit in one place without having a pony in there. It's shit that

you're generating yourself, which is the bad part.

Shorts is the short version of: What's meaningful about this? What's meaningless about this? What's the punishment for this? What's the reward for this?

Boys stands for nucleated spheres. Have you ever seen one of those kids' bubble pipes? Blow here and you create a mass of bubbles. You pop one bubble and the other bubbles fill in the space

Beyonds are feelings or sensations you get that stop your heart, stop your breath, or stop your willingness to look at possibilities. It's like when your business is in the red and you get another final notice and you say argh! You weren't expecting that right now.

Sometimes, instead of saying "use the clearing statement," we just say, "POD and POC it."

OTHER BOOKS



The Place

By Gary M. Douglas

As Jake Rayne travels through Idaho in his classic 57 Thunderbird, a devastating accident is the catalyst for a journey he isn't expecting. Alone in the deep forest, with his body shattered and broken, Jake calls out for help. The help that finds him changes not only his life but his whole reality. Jake is opened up to the awareness of possibilities; possibilities that we have always known should be but that have not yet shown up. A Barnes and Noble Best Seller .

Being You, Changing the World

By Dr. Dain Heer

Have you always known that something COMPLETELY DIFFERENT is possible? What if you had a handbook for infinite possibilities and dynamic change to guide you? With tools and processes that actually worked and invited you to a completely different way of being? For you? And the world?

Divorceless Relationships

By Gary M. Douglas

What if you don't have to divorce you in order to create an intimate relationship? This book contains tools, exercises and processes you can use so you do not have to give up any part of yourself in a relationship.

Magic. You are it. Be it.

By Gary M. Douglas & Dr. Dain Heer

Magic is about the fun of having the things you desire. The real magic is the ability to have the joy that life can be. In this book you are presented tools & points of view that you can use to create consciousness and magic—and change your life in ways you may not even be able to imagine.

Money Isn't The Problem, You Are
By Gary M. Douglas & Dr. Dain Heer

Offering out-of-the-box concepts with money. It's not about money. It never is. It's about what you're willing to receive.

Sex is Not a Four Letter Word but Relationship Often Times Is
By Gary M. Douglas & Dr. Dain Heer

Funny, frank and delightfully irreverent, this book offers readers an entirely fresh view of how to create great intimacy and exceptional sex. What if you could stop guessing—and find out what REALLY works?

Right Riches for You!
By Gary M. Douglas & Dr. Dain Heer

What if generating money and having money were fun and joyful? What if, in having fun and joy with money, you receive more of it? What would that be like? Money follows joy; joy does not follow money. *As seen on Lifetime Television's Balancing Act Show.*

ABOUT THE AUTHORS



Gary M. Douglas



The illustrious best-selling author and international speaker, Gary Douglas, pioneered a set of transformational life changing tools and processes known as Access Consciousness® over 20 years ago. These cutting edge tools have transformed the lives of thousands of people all over the world. In fact, his work has spread to 47 countries, with 2,000 trained facilitators worldwide. Simple but so effective, the tools facilitate people of all ages and backgrounds to help remove limitations holding them back from a full life.

Gary was born in Midwest USA and raised in San Diego, California. Although he came from a “*normal*” middle class family, he was fascinated from an early age with the human psyche and this interest grew into a desire to assist people to “*know what they know*” and expand into more awareness,

joy and abundance. These pragmatic tools he has developed are not only being used by celebrities, corporates and teachers but also by health professionals (psychologists, chiropractors, naturopaths) to improve the health & wellbeing of their clients.

Prior to creating Access Consciousness® Gary Douglas was a successful realtor in Santa Barbara, California and also completed a psychology degree. Although he attained material wealth and was regarded as “*successful*,” his life began to lack meaning and so he began his search to find a new way forward—one that would create change in the world and in people’s lives.

Gary is the author of 8 books including the best selling novel “*The Place*.” He describes the inspiration behind the writing, “*I wanted to explore the possibilities for how life could be. To allow people to know there actually is no necessity to live with the ageing, insanity, stupidity, intrigue, violence, craziness, trauma and drama we live with, as though we have no choice. “The Place” is about people knowing that all things are possible. Choice is the source of creation. What if our choices can be changed in an instant? What if we could make choice more real than the decisions and stuck points we buy as real?*”

Gary has an incredible level of awareness and care for all living things, “*I would like people be more aware and more conscious and to realize we need to be stewards of the earth not users and abusers of the earth. If we start to see the possibilities of what we have available to us, instead of trying to create our piece of the pie, we could create a different world.*”

A vibrant 70-year-old grandfather (who is almost “*ageless*”) with a very different view on life, Gary believes we are here to express our uniqueness and experience the ease and joy of living. He continues to inspire others, teaching across the world and making a massive contribution to the planet. He openly proclaims that for him, “*life is just beginning.*”

Gary also has a wide range of personal and other business interests. These include: a passion for antiques (Gary established “*The Antique Guild*” in Brisbane, Australia in 2012) riding spirited stallions and breeding Costarricense De Paso horses, and an eco retreat in Costa Rica set to open in 2014.

To find out more, please visit:
www.GaryMDouglas.com
www.AccessConsciousness.com
www.Costarricense-Paso.com

Dr. Dain Heer



Dr. Dain Heer is an international speaker, author and facilitator of advanced Access Consciousness® workshops worldwide. His unique and transforming points of view on bodies, money, future, sex and relationships transcend everything currently being taught.

Dr. Heer invites and inspires people to greater conscious awareness from total allowance, caring, humor and a deep inner knowing.

Dr. Heer started work as a Network Chiropractor back in 2000 in California, USA. He came across Access Consciousness® at a point in his life when he was deeply unhappy and even planning suicide.

When none of the other modalities and techniques Dr. Heer had been studying were giving him lasting results or change, Access Consciousness® changed everything for him and his life began to expand and grow with more ease and speed than even he could have imagined possible.

Dr. Heer now travels the world facilitating classes and has developed a unique energy process for change for individuals and groups, called The Energetic Synthesis of Being. He has a completely different approach to healing by teaching people to tap into and recognize their own abilities and knowing. The energetic transformation possible is fast—and truly dynamic.

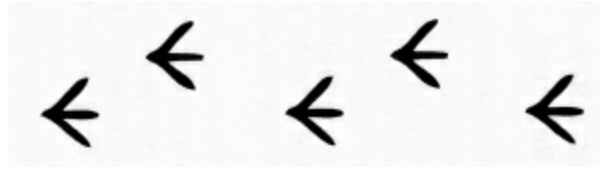
To find out more, please visit:

www.DrDainHeer.com

www.BeingYouChangingTheWorld.com

www.BeingYouClass.com

ABOUT ACCESS CONSCIOUSNESS®



Access Consciousness® is an energy transformation program which links seasoned wisdom, ancient knowledge and channeled energies with highly contemporary motivational tools. Its purpose is to set you free by giving you access to your truest, highest self.

The purpose of Access is consciousness and oneness. to create a world of Consciousness includes everything and judges nothing. It is our target to facilitate you to the point where you receive awareness of everything with no judgment of anything. If you have no judgment of anything, then you get to look at everything for what it is, not for what you want it to be, not for what it ought to be, but just for what it is.

Consciousness is the ability to be present in your life in every moment, without judgment of you or anyone else. It is the ability to receive everything, reject nothing, and create everything you desire in life-great than what you currently have, and more than what you can imagine.

What if you were willing to nurture and care for you?

What if you would open the doors to being everything you have decided it is not possible to be?

What would it take for you to realize how crucial you are to the possibilities of the world?

The information, tools and techniques presented in this book are just a small taste of what Access Consciousness® has to offer. There is a whole Universe of processes and classes.

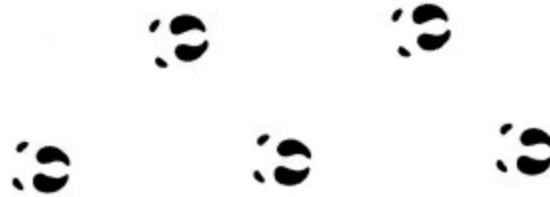
If there are places where you can't get things in your life to work the way you

know they ought to, then you might be interested in attending an Access Consciousness® class, workshop or locating a facilitator. They can work with you to give you greater clarity about issues you haven't yet overcome.

Access Consciousness® processes are done with a trained facilitator, and are based on the energy of you and the person you're working with.

Come and explore more at:
www.AccessConsciousness.com

ACCESS SEMINARS, WORKSHOPS & CLASSES



If you liked what you read in this book and are interested in attended Access seminars, workshops or classes, then for a very different point of view, read-on and sample a taste of what is available.

Access Bars (One Day)

Facilitated by Certified Access Bars Facilitators worldwide, Bars is one of the foundational tools of Access. In this one day class, you will learn a hands-on energetic process, which you will gift and receive during the class. The Access Bars are 32 points on the head that when lightly touched clear all of the limitations you have about different areas of your life and body. This areas include money, aging, body, sexuality, joy, sadness, healing, creativity, awareness and control plus many more. What would it be like to have more freedom in all of these areas? In this one day class you will learn the basic tools of Access Consciousness® and receive and gift 2 Access Bars sessions. At worst it will feel like a great massage and at best your whole life will change!

Prerequisites: None

Facilities by Certified Access Facilitators Worldwide

Access Foundation (Two Day)

This two day class is about giving you the space to look at your life as a different possibility. Unlock your limitations about embodiment, finances, success, relationships, family, YOU and your capacities, and much more! Step into greater possibilities for having everything you truly desire in life as you learn tools and questions to change anything that's not working for you.

Prerequisites: Access Bars
Facilitated by Certified Access Facilitators Worldwide

Access, Level 1 (Two Day)

This is a two day class that shows you how to be more conscious in every area of your life and gives you practical tools that allow you to continue expanding this in your day-to-day! Create a phenomenal life filled with magic, joy and ease and clear your limitations about what is truly available for you. Discover the 5 Elements of Intimacy, create energy flows, start laughing and celebrating living and practice a hands-on body process that has created miraculous results all over the world!

Prerequisites: Access Foundation
Facilitated Exclusively by Gary M. Douglas and Dr. Dain Heer

Access, Levels 2 & 3 (Four Day)

Having completed Level I and opened up to more awareness of you, you start to have more choice in life and become aware of what choice truly is. This four day class covers a huge range of areas including the joy of business, living life for the fun of it, no fear, courage and leadership, changing the molecular structure of things, creating your body and your sexual reality, and how to stop holding on to what you want to get rid of! Is it time to start receiving the change you've been asking for?

Prerequisites: Access Bars, Foundation, and Level I
Facilitated Exclusively by Gary M. Douglas and Dr. Dain Heer

The Energetic Synthesis of Being - ESB (Three Day)

This three day class is a unique way of working with energy, groups of people and their bodies simultaneously, created and facilitated by Dr. Dain Heer. During this class, your being, your body and the earth are invited to energetically synthesize in a way that creates a more conscious life and a more conscious planet. You begin to access and be energies you never knew were available. By being these energies, by being you, you change everything—the planet, your life and everyone you come into contact with. What else is

possible then?

*Prerequisites: Access Bars, Foundation and Level I
Facilitated Exclusively by Dr. Dain Heer*

Access Body Class (Two Day)

During this two day class you will learn verbal processes and hands on bodywork that unlock the tension, resistance, and dis-ease of the body. Do you have a talent and ability to work with bodies that you haven't yet unlocked? Are you a body worker (massage therapist, chiropractor, medical doctor, nurse) looking for a way to enhance the healing you can do for your clients? Come play with us and begin to explore how to communicate and relate to bodies, including yours, in a whole new way.

*Prerequisites: Access Bars
Facilitated by Access Body Class Facilitators Worldwide.*

CONNECT WITH ACCESS ONLINE



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